

# Professor Mark Taubert FRCP FRCGP FFMLM MSc

Clinical Director, Consultant Physician & Professor in Palliative Medicine, Velindre University NHS Trust  
and [Cardiff University School of Medicine](#)

## Work:

- NHS Consultant and Clinical Director
- Honorary Professor Cardiff University School of Medicine
- Vice-President and Member of Board of Directors European Association for Palliative Care (EAPC)
- National Chair Advance Care Planning Strategy Group NHS Wales Executive
- Bevan Commission Steering Group - Education & Development
- Harvard Medical School Medical Writers Programme- faculty member
- Compassionate Communities Cymru Clinical Lead
- RCGP & Partners EOLC Education Committee 'What Matters Most' Charter steering group
- BMJ Group Editor - Supportive & Palliative Care and Editorial Group member for Medicine (Elsevier)

## Education and Research Awards:

- St. David Award 2023 - Wales' national awards: [Finalist in Critical Worker](#) category
- [Winner Poster Prize 2022 EAPC World Research Congress](#) - Systematic Review on Virtual Reality Education Technology
- ESMO Integrated Oncology & Palliative Care Centre [Accreditation Award 2022](#) - ESMO Conference, Paris, France
- Surgam 2021&2023 [Awards](#) Cardiff University: Centre for Medical Education Recognition for outstanding medical student support & provision of excellent quality learning materials during Covid-19
- [MediWales Awards 2020: Winners of the Scaling Up Innovation NHS Award for Covid-19 Hospital Guidelines and Education Resources Wales](#)
- [2019 Researcher of the Year Winner European Association Palliative Care](#) 16th EAPC World Congress Berlin
- [Winner Excellence in Patient Care Awards 2019 Royal College of Physicians, London](#)
- [Winner Health Service Journal Patient Safety Awards \(Palliative Care\) 2018](#)
- [Winner BMA/BMJ Clinical Teacher of the Year award 2017](#)
- [Winner BEST Educational Supervisor Award in Wales 2016 - Wales Deanery](#)

## Biography:

I have a national lead role with the NHS Wales Executive & Cardiff University to improve healthcare professional & public understanding on topics relevant to care in the last years of life & advance care planning education. This work, including my educational research work that has underpinned it, has been recognised internationally, including winning the European Association Palliative Care researcher of the year award at the 2019 World Congress in Berlin & the international excellence in patient care award from the Royal College of Physicians in London. I have given a Ted Talk on why subtleties in language & wording remain critical in modern healthcare. My medical education publications focus on improving public & healthcare professional understanding of complexity in serious illness. My writing has made it into international newspapers like the Washington Post, where my op-ed ended up being a [top pick for 2019](#). I took part in a BBC Horizon programme alongside Kevin Fong, have talked about medical topics at the Edinburgh Fringe Festival, Hay Literary Festival, given a lecture at the Science Museum in London and have featured twice on the BBC's Listening Project. A few years ago I had a brief brush with fame, when my posthumous [letter](#) to David Bowie, which covers the components of good end of life care, went viral on the internet and in global newsrooms.

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**Referee:** Baroness Ilora Finlay, House of Lords, London. finlayi@parliament.uk

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## Speaker engagements:

[Plenaries and Keynotes](#) at numerous healthcare, research, sociology and technology events. Other events of interest: [Tedx Talk](#) Cardiff, [Edinburgh Fringe Comedy Festival](#) Scotland, [Sorveiv Music Festival](#) Norway, [Hay Literary Festival](#) Wales, [Celebrity Great Big Daffodil Grief Panel](#) at the Hospital Club, London  
Medicine Lates 2020 Science [lecture in the Hans Rausing Lecture Theatre of the Science Museum in London](#)

## Public engagement activities:

Articles in the [Washington Post](#), the [Guardian](#), [Metro](#), [Quillette](#), Chicago Tribune, The Times, The Independent, The Big Issue, [BMJ](#), [HuffPost UK](#)

Covid-19 BBC article "[Covid-19- Helping the bereaved with emotional PPE](#)"

Johns Hopkins University Covid-19 Teaching Guide "[How to break bad news by phone or video](#)"

BBC Horizon [We Need to Talk About Death](#), ITV's [BAFTA winning](#) Hospital of Hope & several BBC radio programmes

Cultural collaborations to promote awareness about palliative care, include a West End show in London's Soho Theatre entitled "[The Colours](#)" & National Theatre Wales' production "[As Long As The Heart Beats](#)"

Featured in two palliative care themed recordings for the BBC Listening Project [2019](#) and [2020](#). A touring classical music [string quartet composition](#) featuring my voice talking about palliative care, premiered at the [Royal Northern College of Music](#)

## Medical Education:

- Teaching on Diploma and MSc in Palliative Care, Cardiff University
- Academic supervisor and mentor for Bevan Commission [Exemplar and Fellowship Projects](#)
- RCGP & Partners EOLC What Matters Most Charter [education resources](#)
- Medicine Unboxed [Podcast](#) with Samir Guglani
- Virtual Reality Palliative Care Education Project resources & library (featured in the [Guardian](#))
- Johns Hopkins School of Medicine, Baltimore, USA: Closler Covid-19 Teaching Resource on [Breaking Bad News](#) via video consultation
- Falmouth University School of Art "[Four Deadlines and a Dinner](#)" collaboration with Graphic Design students
- E-ELCA on Do Not Attempt CPR communication skills
- E-Learning for Health e-LfH portal module on Discussing Unwelcome News and Ceilings of Treatment Conversations with Dr Kathryn Mannix
- Advance Care Planning website for NHS Wales - an online education resource for patients, proxy & healthcare professionals
- Velindre VR Project: Virtual Reality education library. Coverage in the Guardian newspaper.
- Cardiff University 'Public Uni' talks and events
- Communicating in Covid Times for Anchor FM Supporting Community Conversations

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**Publications:** Over 100 publications in learned peer reviewed journals, see below or Google Scholar [link](#)

- Taubert, M., Rose, B. and Rigby, M. 2023. [Do not attempt cardiopulmonary resuscitation decisions \(DNACPR\) – Policy approaches in Wales](#). Clinics in Integrated Care 19, article number: 100149. ([10.1016/j.intcar.2023.100149](#))
- Haire, E., Bralesford, C., Botting, J., Beasant, E. and Taubert, M. 2023. [Do not attempt cardiopulmonary resuscitation documentation: a quality improvement project](#). BMJ Supportive & Palliative Care ([10.1136/spcare-2022-004133](#))
- Taubert, M., White, N., Minton, O. and Keeley, P. 2023. [Speaking up at conference question and answer sessions - disruptive behaviour typography and assessment scale](#). Postgraduate Medical Journal ([10.1093/postmj/qgad027](#))
- Taubert, M. 2023. [GMC investment in Nestlé and McDonald's: abiding by its own rules?](#). BMJ ([10.1136/bmj.p776](#))
- Taubert, M., Lewis-Williams, G. and Muir, D. 2022. [Advance care planning and clinical decision-making](#). Medicine 50(12), pp. 813-816. ([10.1016/j.mpmed.2022.09.013](#))
- Mo, J., Vickerstaff, V., Minton, O., Tavabie, S., Taubert, M., Stone, P. and White, N. 2022. [How effective is virtual reality technology in palliative care? A systematic review and meta-analysis](#). Palliative Medicine 36(7), pp. 1047-1058. ([10.1177/02692163221099584](#))
- Bounds, L., McGrath, F. and Taubert, M. 2022. [Hypercalcaemia to hypocalcaemia: tetany as a side effect of intravenous bisphosphonate treatment](#). BMJ Case Reports 15(4), article number: e249141. ([10.1136/bcr-2022-249141](#))
- Taubert, M. and Bounds, L. 2022. [Advance and future care planning: strategic approaches in Wales](#). BMJ Supportive & Palliative Care ([10.1136/bmjspcare-2021-003498](#))
- Taubert, M. 2021. [Education- 'do not resuscitate me in Barbados'](#). BMJ Supportive and Palliative Care 11(3), pp. 310-311. ([10.1136/bmjspcare-2020-002446](#))
- Selman, L. E., Chamberlain, C., Sowden, R., Chao, D., Selman, D., Taubert, M. and Braude, P. 2021. [Sadness, despair and anger when a patient dies alone from COVID-19: A thematic content analysis of Twitter data from bereaved family members and friends](#). Palliative Medicine 35(7), pp. 1267-1276. ([10.1177/026921632111017026](#))
- Parry, M., Taubert, M., Clements, S., Churcher, C., James, A. and Smith, K. 2021. [Death café in the Welsh valleys – an appraisal](#). International Journal of Palliative Nursing 27(4), pp. 188-194. ([10.12968/ijpn.2021.27.4.188](#))
- Rietjens, J., Korff, I. and Taubert, M. 2021. [Advance care planning: the future](#). BMJ Supportive and Palliative Care 11, pp. 89-91. ([10.1136/bmjspcare-2020-002304](#))
- Abel, J. and Taubert, M. 2020. [Coronavirus pandemic: compassionate communities and information technology](#). BMJ Supportive and Palliative Care 10(4), pp. 369-371. ([10.1136/bmjspcare-2020-002330](#))
- Taubert, M. and Baker, J. I. 2020. ['Do not attempt CPR' and the concept of harm](#). Medicine 48(10), pp. 651-652. ([10.1016/j.mpmed.2020.07.016](#))
- Taubert, M. 2020. [Lights, camera, stop! What to consider when television crews come to a hospital](#). Royal College of Physicians Commentary Magazine Februa(1/2020), pp. 18-19.
- Abel, J., Kellehear, A., Millington Sanders, C., Taubert, M. and Kingston, H. 2020. [Advance care planning re-imagined: a needed shift for COVID times and beyond](#). Palliative Care and Social Practice 14 ([10.1177/2632352420934491](#))
- Taubert, M. 2019. [Editorial: palliative YouTube- the challenging task of inclusion criteria and content critique \[Editorial\]](#). Journal of Palliative Medicine 22(12), pp. 1496-1497. ([10.1089/jpm.2019.0386](#))
- Taubert, M., Webber, L., Hamilton, T., Carr, M. and Harvey, M. 2019. [Virtual reality videos used in undergraduate palliative and oncology medical teaching: results of a pilot study](#). BMJ Supportive and Palliative Care 9(3), pp. 281-285. ([10.1136/bmjspcare-2018-001720](#))
- Hopewell-Kelly, N. et al. 2019. [Palliative care research centre's move into social media: constructing a framework for ethical research, a consensus paper](#). BMJ Supportive & Palliative Care 9(2), pp. 219-224. ([10.1136/bmjspcare-2015-000889](#))
- Evans, L. and Taubert, M. 2019. [State of the science: the doll is dead: simulation in palliative care education](#). BMJ Supportive and Palliative Care 99(2), pp. 117-119. ([10.1136/bmjspcare-2018-001595](#))

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- Taubert, M. 2019. [Associer les patients aux décisions de refus de la réanimation cardiopulmonaire : la réalité, les mythes et l'approche « Talk CPR » au pays de Galles \[Editorial\]](#). Médecine Palliative 18(2), pp. 59-61. ([10.1016/j.medpal.2018.11.008](#))
- Taubert, M. 2019. [Cardiopulmonary resuscitation is leading a double life: are we giving it an alibi? \[Editorial\]](#). British Journal of Hospital Medicine 80(2), pp. 64-65. ([10.12968/hmed.2019.80.2.64](#))
- Taubert, M. 2018. [Yes, doctors need to talk about dying, but what if patients start the conversation?.](#) British Medical Journal (BMJ) 363(8175), article number: k4648. ([10.1136/bmj.k4648](#))
- Taubert, M., Norris, J., Edwards, S., Snow, V. and Finlay, I. G. 2018. [Talk CPR - a technology project to improve communication in do not attempt cardiopulmonary resuscitation decisions in palliative illness.](#) BMC Palliative Care 17, article number: 118. ([10.1186/s12904-018-0370-9](#))
- Cass, K. S. and Taubert, M. 2018. [Twitter helped me decide that I'm not for resuscitation.](#) BMJ 362, article number: k2784. ([10.1136/bmj.k2784](#))
- Taubert, M. 2018. [Social media in palliative medicine research: jump into the cool water \[Editorial\]](#). BMJ Supportive and Palliative Care 8(3), pp. 292-293. ([10.1136/bmjspcare-2018-001620](#))
- Snow, V., Russell, S., Taubert, M. and Norris, J. 2017. [P18- Advance care planning across England and Wales. Leading, Learning and Innovating, Hospice UK 2017 National Conference \[Abstract\]](#). BMJ Supportive and Palliative Care 7(Supp 2)
- Norris, J. and Taubert, M. 2017. [Changing attitudes and behaviours towards digital legacy and digital assets.](#) BMJ Supportive and Palliative Care 7(S2), pp. A20-A21. ([10.1136/bmjspcare-2017-hospice.57](#))
- Taubert, M. 2016. [Thank you letter to David Bowie from a palliative care doctor.](#) BMJ Supportive & Palliative Care 6(4), pp. 500-501. ([10.1136/bmjspcare-2016-001242](#))
- Norris, J. and Taubert, M. 2016. [P-221 Working with hospices to ensure patients' digital legacy wishes are adhered to.](#) BMJ Supportive and Palliative Care 6(S1), pp. A88-A89. ([10.1136/bmjspcare-2016-001245.242](#))
- Grose, J. C., Taubert, M. and Buss, P. 2016. [Discussing 'Do not attempt cardiopulmonary resuscitation' decisions with patients.](#) Medicine 44(10), pp. 602-606. ([10.1016/j.mpmed.2016.07.004](#))
- Schmidt-Hansen, M., Taubert, M., Bromham, N., Hilgart, J. S. and Arnold, S. 2016. [The effectiveness of buprenorphine for treating cancer pain: an abridged Cochrane review.](#) BMJ Supportive and Palliative Care 6(3), pp. 292-306. ([10.1136/bmjspcare-2015-000939](#))
- Rigby, M. and Taubert, M. 2016. [Colouring books for adults on the cancer ward.](#) BMJ 2016(352), article number: h6795. ([10.1136/bmj.h6795](#))
- Sivell, S., Lidstone, V., Taubert, M., Thompson, C. and Nelson, A. 2015. [Identifying the key elements of an education package to up-skill multidisciplinary adult specialist palliative care teams caring for young adults with life-limiting conditions: an online Delphi study.](#) BMJ Supportive & Palliative Care 5(3), pp. 306-315. ([10.1136/bmjspcare-2013-000595](#))
- Taubert, M. and Norris, J. 2015. [The digitalisation of dying, loss and grief on social media channels.](#) BMJ Supportive & Palliative Care 5(Suppl), article number: A18.2. ([10.1136/bmjspcare-2015-000906.57](#))
- Schmidt-Hansen, M., Bromham, N., Taubert, M., Arnold, S. and Hilgart, J. S. 2015. [Buprenorphine for treating cancer pain.](#) The Cochrane Library 3, article number: CD009596. ([10.1002/14651858.CD009596.pub4](#))
- Taubert, M. 2014. [Abstracts of the 8th World Research Congress of the European Association for Palliative Care \(EAPC\).](#) Palliative Medicine 28(6), pp. 538. ([10.1177/0269216314532748](#))
- Taubert, M., Watts, G., Boland, J. and Radbruch, L. 2014. [Palliative social media.](#) BMJ Supportive & Palliative Care 4(1), pp. 13-18. ([10.1136/bmjspcare-2013-000584](#))
- Schmidt-Hansen, M., Bromham, N., Taubert, M., Arnold, S. and Schmidt-Hansen, M. 2013. [Buprenorphine for treating cancer pain.](#) Cochrane Database of Systematic Reviews ([10.1002/14651858.CD009596.pub3](#))
- Lidstone, V., Sivell, S., Taubert, M., Thompson, C. and Nelson, A. 2013. [Transition in palliative care study day series.](#) BMJ Supportive & Palliative Care 3(S1), pp. A48-A49. ([10.1136/bmjspcare-2013-000591.131](#))

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- Sivell, S., Lidstone, V., Taubert, M., Thompson, C. and Nelson, A. 2013. ['NEW' POPULATION. NEW CHALLENGES: YOUNG ADULTS IN PALLIATIVE CARE](#). BMJ Supportive and Palliative Care 3(132), pp. 1. ([10.1136/bmjspcare-2013-000453b.21](#))
- Taubert, M., Fielding, H., Mathews, E. and Frazer, R. 2013. [An exploration of the word 'palliative' in the 19th century: searching the BMJ archives for clues](#). BMJ Supportive & Palliative Care 3(1), pp. 26-30. ([10.1136/bmjspcare-2012-000288](#))
- Sivell, S., Lidstone, V., Taubert, M., Thompson, C. and Nelson, A. 2013. [012 Improving the transition process for young people with life-limiting conditions](#). BMJ Supportive and Palliative Care 3(A5) ([10.1136/bmjspcare-2013-000591.12](#))
- Lidstone, V., Marsh, S., Hayes, J., Taubert, M. and Thompson, C. 2012. [Enabling positive transition: innovative training to support adult specialist palliative care \(SPC\) teams to care for young adults with life-limiting conditions including complex needs](#). BMJ Supportive and Palliative Care 2(A116), pp. 1. ([10.1136/bmjspcare-2012-000196.341](#))
- Taubert, M., Ross, J. R., Prettyjohns, M., Schmidt-Hansen, M. and Bennett, M. I. 2012. [Opioids in palliative care: is the new NICE guideline relevant to specialist palliative care providers?](#). BMJ Supportive & Palliative Care 2(3), pp. 209-212. ([10.1136/bmjspcare-2012-000313](#))
- Taubert, M. 2011. [Textbook of Palliative Medicine. Edited by Eduardo Bruera, Irene J Higginson, Carla Ripamonti and Charles von Gunten: Hodder Arnold \[Book Review\]](#). Palliative Medicine 25(3), pp. 286-287. ([10.1177/0269216310395850](#))
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- Taubert, M., Noble, S. I. and Nelson, A. 2011. [What challenges good palliative care provision out-of-hours? A qualitative interview study of out-of-hours general practitioners](#). BMJ Supportive & Palliative Care 1(1), pp. 13-18. ([10.1136/bmjspcare-2011-000015](#))
- Taubert, M. and Nelson, A. 2010. [Out-of-hours GPs and palliative care-a qualitative study exploring information exchange and communication issues](#). BMC Palliative Care 9, article number: 18. ([10.1186/1472-684X-9-18](#))
- Taubert, M. and Nelson, A. 2010. ['Oh God, not a Palliative': out-of-hours general practitioners within the domain of palliative care](#). Palliative Medicine 24(5), pp. 501-509. ([10.1177/0269216310368580](#))
- Taubert, M., Regnard, C., Finlay, I. G. and Barnsley, J. 2010. [Re: Update on cancer pain guidelines \[Letter\]](#). Journal of Pain and Symptom Management 39(2), pp. e1-e5. ([10.1016/j.jpainsymman.2009.11.240](#))
- Taubert, M. and Pease, N. 2009. [Exactly who is entitled to free NHS care?](#). European Journal of Palliative Care 16(2), pp. 62-64.
- Taubert, M. 2009. [Do palliative care patients know who to call in an emergency when they are at home? Summary of a quality improvement project](#). MIMS Oncology and Palliative Care, article number: Sept 2009.
- Taubert, M. 2009. [How to relieve the symptoms of hyposalivation](#). MIMS Oncology and Palliative Care 1, article number: 2009.
- Taubert, M., Dowd, T. C. and Wood, A. 2008. [Malnutrition and bilateral central retinal vein occlusion in a young woman: a case report](#). Journal of Medical Case Reports 2(1), article number: 77. ([10.1186/1752-1947-2-77](#))
- Taubert, M., Davies, E. and Back, I. 2008. [Mundtrockenheit](#). PRAXIS 97(21), pp. 1131. ([10.1024/1661-8157.97.21.1131](#))
- Back, I. and Taubert, M. 2007. [A case report : Akathisia and an unusual symptomatic treatment](#). Palliative Medicine 21(8), pp. 713-715. ([10.1177/0269216307083598](#))
- Elwyn, G., Taubert, M., Checkland, K., Kowlazcuk, J. and Williams, S. 2007. [Lost in the global sum? Professional and practice development in primary care after the new general practice contract](#). British Journal of General Practice 57(539), pp. 439-440.
- Elwyn, G., Taubert, M., Davies, S., Brown, G., Allison, M. and Phillips, C. 2007. [Which test is best for Helicobacter pylori? A cost-effectiveness model using decision analysis](#). British Journal of General Practice 57(538), pp. 401-403.
- Taubert, M. 2007. [Overcoming language barriers in palliative care](#). European Journal of Palliative Care 14(2), pp. 78-79.

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- Elwyn, G., Taubert, M. and Kowalczyk, J. 2007. [Sticky knowledge: A possible model for investigating implementation in healthcare contexts](#). Implementation Science 2, article number: 44. ([10.1186/1748-5908-2-44](#))
- Taubert, M., Davies, E. M. R. and Back, I. 2007. [Dry mouth](#). British Medical Journal (BMJ) 334(7592), pp. 534. ([10.1136/bmj.39036.433542.68](#))
- Taubert, M. 2007. [Palliativmedizin in Grossbritannien- Beliebte Karriereoption](#). Deutsches Aerzteblatt 104(36), article number: A2389.
- Taubert, M. 2007. [Emergencies in oncology and palliative care](#). MIMS Oncology and Palliative Care 1(12/07), article number: Nov 2007.
- Taubert, M. and Kandasamy, J. 2006. [Self harm in Goth youth subculture: Conclusion relates only to small sample](#). BMJ 332(7551), article number: 1216. ([10.1136/bmj.332.7551.1216](#))
- Taubert, M. 2006. [European Computer Driving Licence \(ECDL\)](#). BMJ 332(7540), article number: s89. ([10.1136/bmj.332.7540.s89](#))
- Taubert, M. 2006. [Use of Google as a diagnostic aid](#). British Medical Journal (BMJ) 333(7581), pp. 1270.1. ([10.1136/bmj.39058.703194.3A](#))
- Taubert, M. 2006. [Training: Go further with a clinical fellowship](#). GP Magazine 1(6), article number: Jan 2006.
- Taubert, M. 2005. [The bad news and the bad news](#). BMJ 330(7499), pp. 1063. ([10.1136/bmj.330.7499.1063](#))
- Zakaria, M. R., Taubert, M. A. K. and Kamath, C. 2004. [Internal iliac artery ligation in the management of pelvic haemorrhage - a district general hospital experience](#). Basrah Journal of Surgery 10(66), pp. 66-70. ([10.33762/bsurg.2004.57538](#))
- Ellis, J. D., Malik, T. Y., Taubert, M. A. K., Barr, A. and Baines, P. S. 2000. [Surgery for full- thickness macular holes with short-duration prone posturing: Results of a pilot study](#). Eye 14(3), pp. 307-312. ([10.1038/eye.2000.78](#))

### Monographs

- Taubert, M. and Muckian, E. 2021. [Relocation relocation: Does the use of virtual reality 360 degree images of a hospice improve perception at time of referral?](#). Project Report. Cardiff University School of Medicine.
- Bennett, M., Taubert, M., Ross, J. and Stannard, C. 2014. [National Institute for Health and Care Excellence. Opioids in palliative care. Evidence update 58. May 2014](#). Technical Report.
- Longson, D. et al. 2012. [Opioids in palliative care - NICE guideline CG140](#). NICE. Available at: <https://www.nice.org.uk/guidance/cg140/resources/palliative-care-for-adults-strong-opioids-for-pain-relief-pdf-35109564116677>
- Taubert, M. 2009. [Study protocol: Out-of-hours doctors' confidence when dealing with symptom control in palliative care patients](#). Technical Report.

### Book sections

- Taubert, M. 2021. [Five things this healthcare professional would like you to know about modern resuscitation](#). In: Lyons, A. and Winter, L. eds. We All Know How This Ends: Lessons about life and living from working with death and dying. Green Tree
- Taubert, M. 2020. [Danke](#). In: Usher, S. ed. Musik - Letters of Note: Bemerkenswerte Briefe., Vol. 2020. Wilhelm Heyne Verlag Muenchen, pp. 41-50.
- Taubert, M. 2020. [Letters of Note: Music \[Chapter 5\]](#). In: Usher, S. ed. Letters of Note: Music., Vol. 1. Canongate, pp. 18-25.
- Taubert, M. 2017. [Morphine](#). In: Twycross, R., Wilcock, A. and Howard, P. eds. Palliative Care Formulary., Vol. 6th Ed. palliativedrugs.com, pp. 375-387