

CURRICULUM VITAE

Dr Andy Hau Yan HO 何孝恩
PhD, EdD, MSocSc, PGDE, BA 哲學博士及教育博士

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Dr Andy H. Y. Ho is a multi-award winning psychologist, social scientist, educator who specializes in thanatology, psychosocial gerontology, positive psychology, integrative therapies, and community empowerment. He is the President for the Association for Death Education and Counseling (ADEC) and serves as Board Director of the prestigious International Work Group on Death Dying and Bereavement (IWGDDB). He is also the Founding Director of the Action Research for Community Health (ARCH) Laboratory, and the Director of Research of the Palliative Care Centre for Excellence in Research and Education (PaC) Singapore. Over the past 18 years in full-time academia, Andy has helped secure over SGD\$22 million in competitive grants to conduct numerous empirical, translational, and participatory action research projects for building and promoting active and compassionate citizenry. Since joining Nanyang Technological University in November 2014, he has been awarded 23 major competitive research grants totaling SGD\$12.5 million as Principal and Co-Principal Investigator from the Ministry of Education, the Ministry of Health, Agency for Integrative Care, National Arts Council, Temasek Foundation, Lien Foundation, SG Enable, and other prominent funding bodies. Leading a large team of researchers, clinicians, and frontline health and social care professionals, Andy has successfully completed the pioneering Evaluation Study of the National Advance Care Planning Programme in Singapore, the first-ever Lived Experience Study on Parental Bereavement of Child Loss, as well as the ground-breaking Landscape Study on The Arts for Ageing Well in Asia. He has also founded a number of acclaimed and innovative psycho-socio-spiritual interventions for health promotion. These include Mindful-Compassion Art-based Therapy (MCAT) for burnout prevention and resilience building among caregivers; Family Dignity Intervention (FDI) for advancing holistic palliative care services; Narrative e-Writing Intervention (NeW-I) for augmenting pediatrics palliative care and parental bereavement services; and Aspiration and Resilience Through Intergenerational Storytelling and Art-based Narratives (ARTISAN) for citizen empowerment and loneliness alleviation. Based on this body of work, he has produced numerous public health campaigns and short film documentaries; authored over 120 top-tier journal articles, books, chapters and research reports; as well as presented more than 200 keynotes and plenary lectures including TEDx Talk, as well as competitive conference presentations. Andy is the first Asian Recipient of the 'ADEC Academic Educator Award' in 2018, while receiving the celebrated 'Nanyang Education Award' Award in 2019, and conferred the 'Distinguished Alumni Award' by the University of Hong Kong in 2020. Andy's social and scholarly contributions are recognized with distinction by academic, professional and government bodies around the world.

PROFESSIONAL PARTICULARS

Academic Qualifications

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| 2016 | EdD (Lifelong Learning and Higher Education), University of Nottingham, United Kingdom. |
| 2013 | PhD (Gerontology and Thanatology in Social Work), University of Hong Kong, Hong Kong. |
| 2006 | MSocSc (Marriage and Family Therapy), University of Hong Kong, Hong Kong. |
| 2001 | PGDE (Guidance Studies), University of British Columbia, Canada. |
| 2000 | BA (Psychology), University of British Columbia, Canada. |
| 1996 | IB, Chinese International School, Hong Kong. |

Professional Appointments and Work Experience

2022 to Present	Head, Psychology, School of Social Sciences, Nanyang Technological University Singapore.
2019 to Present	Associate Professor, Psychology, School of Social Sciences, Nanyang Technological University Singapore.
2019 to Present	Honorary Associate Professor, Lee Kong Chian School of Medicine, Nanyang Technological University Singapore.
12/2014 to 08/2019	Assistant Professor, Psychology, School of Social Sciences, Nanyang Technological University Singapore.
11/2013 to 11/2014	Research Assistant Professor, Sau Po Centre on Ageing, Faculty of Social Sciences, University of Hong Kong.
07/2006 to 11/2013	Research Officer/Associate, Centre on Behavioural Health, Faculty of Social Sciences, University of Hong Kong.
04/2004 to 07/2006	Research Supervisor, Sau Po Centre on Ageing, Faculty of Social Sciences, University of Hong Kong.
10/2003 to 03/2004	Research Executive, HKU Family Institute.

Professional Memberships and International Appointments

2022 – Present	President, Association for Death Education and Counseling (ADEC), USA.
2018 – Present	Board Director, Association for Death Education and Counseling (ADEC), USA. [Certified in Thanatology 2012-2015 Fellow in Thanatology 2015-2018]
2015 - Present	Board Director, International Workgroup of Death, Dying and Bereavement. [Elected Member since 2015]
2015 - Present	Mindfulness Practitioner, Mindfulness-Based Stress Reduction Certificate Training, Centre for Mindfulness, University of Massachusetts.
2013 - Present	Honorary Research Fellow, Sau Po Centre on Ageing, University of Hong Kong.
2013 - Present	Honorary Research Fellow, Centre on Behavioral Health, University of Hong Kong.
2012 - Present	Certified Meta-NLP Practitioner. International Society of Neuro-Semantics.

Academic Honours and Awards

2022	ADEC Leadership Award, Association for Death Education and Counseling, USA.
2020	Distinguished Alumni Award, The University of Hong Kong, Hong Kong.
2017	Doctorate Valedictorian, University of Nottingham, United Kingdom.

RESEARCH SUMMARY

Key Areas of Research

- Digital Health, Digital Health Education, Digital Therapeutics, and Health Technology
- Public Health Palliative Care and End of Life Care Provision and Policy Research
- Caregiver Support and Resilience Building in Bereavement and Dementia Care
- Psychosocial Gerontology, Healthy and Creative Ageing with Art-based Research
- Psychosocial Rehabilitation, Quality of Life in Stroke and Mental Health Recovery
- Intervention Studies, Holistic Therapies, Life and Death Education, Medical Humanities
- Community Empowerment, Health Service Research, Participatory Action Research

Research Awards / Recognition

- 2021 Recipient, Health Professions Education Research Investigator Award, Singapore Health and Biomedical Congress.
- 2019 Recipient, Best Poster Award in Allied Health, Singapore Health and Biomedical Congress.
- 2019 Recipient, Best Oral Presentation Award (1st Place Winner), Asia Pacific Hospice Conference.
- 2013 Recipient, Best Cross-Cultural Paper Award, Association for Death Education & Counseling.
- 2013 Recipient, Young Investigator Award, Hong Kong International Cancer Congress.
- 2013 Recipient, Visiting Scholar Award, Smith College, Massachusetts, USA.
- 2010 Recipient, Young Investigator Award, Hong Kong International Cancer Congress.
- 2010 Recipient, Best Poster Award, International Palliative Care Network.
- 2010 Recipient, Communicator Award of Excellence, Academy of Interactive and Visual Arts.

Keynote Lectures & Presentations

1. **Ho, A.H.Y.** (2023). *Slow Art Plus: Findings from a Mixed Method Waitlist Randomised Control Trial of a Single Session Art Gallery-based Intervention for Mental Health Promotion*. Keynote speaker at National Gallery Singapore's Slow Art Day Symposium. Singapore, 15 April 2023.
2. **Ho, A.H.Y.** (2023). *Caring for Caregivers: Supporting the Mental Health and Emotional Wellbeing of Healthcare Workers with Mindful Compassion Art-based Therapy*. Keynote speaker for National Healthcare Group Population and Global Health Seminar Series. Singapore: 3 February 2023.
3. **Ho, A.H.Y.** (2022). *The transformative power of Self-Compassion: Understanding the cognitive neuroscience and applied practices of compassion for health and growth*. Keynote speaker at The National Counselling and Psychotherapy Conference. Singapore: 29-30 November 2022.
4. **Ho, A.H.Y.** (2022). *The arts for wellness: Building resilience and bolstering mental health among older persons in Singapore*. Keynote speaker at the International Day of Older Persons Symposium by Tsao Foundation. Singapore: 1 October 2022.
5. **Ho, A.H.Y.** (2022). *Resolving stress and building resilience through the science and practice of Mindful Self-Compassion*. Keynote speaker at the National University Hospital Educator's Day Grand Round. Singapore: 23 September 2022.
6. **Ho, A.H.Y.** (2022). Methods and practical examples of Qualitative Research for social change. Keynote Speaker at the Singapore Hospice Council, Singapore Palliative Care Conference Research Development Symposium. Singapore: 27 August 2022.
7. **Ho, A.H.Y.** (2022). *Family Dignity Intervention (FDI) for holistic palliative care: Addressing psycho-socio-spiritual needs at the End of life*. Keynote speaker at the International Conference on the Changing Landscape of Family and Family Interventions in the midst of Adversities. Hong Kong, 18-20 August 2022.
8. **Ho, A.H.Y.** (2022). Participatory Action Research and social betterment: A Singapore experience. Keynote speaker at The Next Age Institute and The Gerontology Society Singapore Research Symposium. Singapore: 30 July 2022.
9. **Ho, A.H.Y.** (2022). Caring for caregivers: Building sustained resilience with Mindful-Compassion Art-based Therapy (MCAT). Keynote speaker at the TOUCH Family Conference. Singapore: 2-3 June 2022.
10. **Ho, A.H.Y.** (2022). *Caring for caregivers: Building resilience and emotional competence with Mindful-Compassion Art-based Therapy*. Keynote speaker at the III Congresso Interacional Centro de Estudos da Familia de Individuo (CEFI): Intefrando Diferentes Abordagens. [Virtual] Brazil: 6-28 May 2022.
11. **Ho, A.H.Y.** (2021). *Healing our sufferings through our intangible stories*. Keynote speaker at TEDxNTU 2021 Conference. Singapore: 30 October 2021.

12. **Ho, A.H.Y.** (2021). *Caring for caregivers: processing loss and building sustained resilience with Mindful Compassion Art-based Therapy (MCAT)*. Keynote speaker at the 2020 International Death, Grief and Bereavement Conference. University of Wisconsin, WI, USA: 9 June 2021.
13. **Ho, A.H.Y.** (2021). *The Arts for Ageing Well: Fostering Aspiration and Resilience Through Intergenerational Storytelling and Art-based Narratives*. Keynote speaker at the 2021 NTU Ageing Research Institute for Society and Education (ARISE) Seminar Series. Singapore: 28 May 2021.
14. **Ho, A.H.Y.** (2021). *Family Dignity Intervention: Advancing evidence-based Psycho-Socio-Spiritual Palliative Care in Asia*. Keynote speaker at DEATHFEST World Tour 2021. Hong Kong: 4 April 2021.
15. **Ho, A.H.Y.** (2020). Family Dignity Intervention (FDI): Advancing the Psycho-Socio-Spiritual domains of Evidence-based Palliative Care in Singapore. keynote Speaker at the Virtual International Symposium on Dignified and Compassionate End-of-Life Care. Nanyang Technological University, Singapore: 30 June 2020.
16. **Ho, A.H.Y.** (2019). Living with Suicide Loss: Transformative Journey of Grief and Healing through Meaning Reconstruction. Keynote speaker at the Samaritans of Singapore 50th Anniversary Conference: Unifying Communities, Strengthening Hope. Singapore: 25 September 2019.
17. **Ho, A.H.Y.** (2019). Citizen Empowerment with Project ARTISAN: Aspiration and Resilience Through Intergenerational Storytelling and Art-Based Narratives. Keynote speaker at the Connecting Generations for Health Symposium, CUHK. Hong Kong: 19 September 2019.
18. **Ho, A.H.Y.** (2019). Who counsels the counsellor? Building Sustained Resilience via Art-based Self-Care Approaches. Keynote speaker at the National Counselling and Psychotherapy Conference 2019. Singapore: 12 September 2019.
19. **Ho, A.H.Y.** (2019). ARTISAN: Aspiration and Resilience Through Intergenerational Storytelling and Art-based Narratives. Keynote Speaker in the Arts and Culture Research Symposium 2019. Singapore: 15 March 2019.
20. **Ho, A.H.Y.** (2017). *The Arts for Ageing Well: A Singapore Experience*. Keynote Speaker at the Arts in Eldercare Symposium 2017. Singapore: 6 September 2017.
21. **Ho, A.H.Y.** (2016). *Mindful Compassion Art Therapy (MCAT) for Palliative Social Work*. Keynote Speaker at the Palliative Social Work Symposium 2016. Hong Kong: 27 October 2016.
22. **Ho, A.H.Y.** (2015). *Sustained Compassion through Mindfulness: The Caring Journey of Self and Others*. Keynote Lecture at the National Cancer Centre Singapore. Singapore: 26 November 2015.
23. **Ho, A.H.Y.** (2015). *Learning from Diversity: Comparison of Hospice and Palliative Care Development in Singapore and Hong Kong*. Keynote Speaker at the Palliative Social Work Symposium 2015: Harmony in Diversity. Hong Kong: 10 November 2015.
24. **Ho, A.H.Y.** (2015). *Compassion through Mindfulness: The Caring Journey of Self and Others*. Keynote Lecture at the National Cancer Center Symposium. Singapore: 14 March 2015.
25. **Ho, A.H.Y.** (2014). *Setting new standards: a novel Dignity-Conserving End-of-Life Care pathway model of nursing homes*. Keynote Lecture at the 21st Hong Kong International Cancer Congress, symposium on the art of palliative social work. Hong Kong: 20 November 2014.
26. **Ho, A.H.Y.**, Chan, C.L.W., & Fong, T. (2014). *Caring and Healing from Loss: Creative Innovation and Use of Multimedia in Grief and Bereavement*. Keynote Public Lecture at the 2014 International Conference on Grief and Bereavement in Contemporary Society. Hong Kong: 29 March 2014.
27. Chan, C.L.W., & **Ho, A.H.Y.** (2010). *Living with Dignity and Pride: Intervention to preserve dignity in the end-of-life*. Keynote Lecture at the 3rd Annual Palliative Care Symposium for Health Care Workers in Chinese Population, CUHK. Hong Kong: 11-12 December 2010.
28. Chan, C.L.W., Wang, X.L., Shi, Z.B., Ho, R.T.H., **Ho, A.H.Y.**, Chow, A.Y.M., Wong, V.P.Y., Lo, P., & Ng, P.O.K. (2009). *Professionals in Quake-hit Regions of Sichuan China: Would they still be the hope of tomorrow if their psychological well-being were impaired?* Keynote Lecture at the International Conference on Disaster Management and Social Work. Taiwan: 14 December 2009.

29. Chan, C.L.W., Sha, W., Li, J., **Ho, A.H.Y.**, Wang, X, L., Chow, A.Y.M., Leung, P.P.Y. (2009). Transforming bitterness into Enlightenment – *Community Engagement and Empowerment Intervention in Sichuan after the 5.12 Earthquake*. Keynote Lecture at the Symposium on Emergency Response and Disaster Recovery. Shanghai, China: 5 December 2009.
30. Chan, C.L.W., Tsui, E.Y.L., **Ho, A.H.Y.**, & Miller, J. (2008). *A Community Mental Health Approach for Social Capacity Building for Residents affected by the 512 Earthquake*. Keynote Lecture at the 1st Joint International Conference of the Hong Kong College of Psychiatrists and the Royal College of Psychiatrists (UK), Advancing Psychiatric Care in the Emerging World: East meets West. Hong Kong: 13-15 December 2008.
31. Chan, C.L.W., **Ho, A.H.Y.**, Wong, V., & Chan, W. (2008). *Dedication to preserve dignity in end-of-life care – transforming illness into a healing process of becoming whole for patients and family members*. Keynote Lecture in the Conference on Frontier in Medical and Health Sciences Education: Making Doctors Human, University of Hong Kong. Hong Kong: 11-13 December 2008.
32. Chan, C.L.W., Tin, A.F., Chan, C.H.Y., Chow, A.Y.M., Chan, T.W.F., Ng, S.M., Leung, P.P.Y., Chan, W.C.H., & **Ho, A.H.Y.** (2008). *An Eastern Empowerment Approach to Death, End-of-life and Bereavement*. Keynote Lecture at School of Social Work, Smith College. MA, USA: 29 July 2008.
33. **Ho, A.H.Y.**, Ng, S.M., Chow, A.Y.M., Chan, C.H.Y., Tang, A.C.W., Tin, A.F., Yan, E.C.W. & Chan, C.L.W. (2007). *Perception of Death Across the Adult Lifespan: A Close Examination of the Death Attitude Profile Among the General Hong Kong Population*. Keynote Lecture in the ENABLE International Symposium on Death, Dying and Bereavement. Hong Kong: 11 July 2007.

Plenary Lectures & Presentations

1. **Ho, A.H.Y.** (2023). *Participatory Action Research to Foster “Die-logues”: Organic Conversation on Advance Care Planning with Family Dignity Intervention*. Plenary speaker at the 8th International Conference on Advance Care Planning. Singapore, 24-27 May 2023.
2. **Ho, A.H.Y.** (2023). *The Transformative Power of Self-Compassion: Understanding the Cognitive Neuroscience and Applied Practice of Compassion for Healing and Growth amidst Death, Loss and Bereavement*. Plenary Lecture for the Association for Death Education and Counseling. [Virtual]. 24 January 2023.
3. **Ho, A.H.Y.** (2022). *The Cost of Dementia Care: Blessing or Burden?* Plenary speaker at the 2022 GERI Knowledge to Practice Series. [Virtual] Singapore, 4 November 2022.
4. **Ho, A.H.Y.** (2022). *Understanding Empath Distress Fatigue for empowering self-care and self-compassion*. Plenary speaker at the III Congresso Interacional Centro de Estudos da Familia de Individuo (CEFI): Intefrando Diferentes Abordagens. [Virtual] Brazil, 6-28 May 2022.
5. **Ho, A.H.Y.** (2022). *Biopsychosocial Perspectives on Advance Care Planning in the Age of COVID-19*. Plenary Speaker at the Agency for Integrative Care (AIC) Symposium on ACP in the age of COVID-19. Singapore, 8 April 2022.
6. **Ho, A.H.Y.** (2021). *Caring for Caregivers: Reducing burnout and building sustained resilience with Mindful Compassion Art-based Therapy (MCAT)*. Plenary Speaker at the 7th Singapore Palliative Care Conference. Singapore, 9-10 December 2021.
7. **Ho, A.H.Y.** (2021). *Empathy distress fatigue and resilience*. Plenary Speaker for the 2021 ADEC Connection Half-Day Conference: Building Bridges through Loss. USA, 13 November 2021.
8. **Ho, A.H.Y.** (2021). *Worldwide Pandemic: Cumulative Losses & Grief Overload*. Plenary Speaker for the 42nd Association for Death Education and Counseling Conference. USA, 6-10 April 2021.
9. **Ho, A.H.Y.** (2021). *Family Dignity Intervention: Advancing the Psycho-Socio-Spiritual Domains of Evidence-based Palliative Care*. Plenary Speaker for Death Fest World Tour 2021 [Virtual]. Hong Kong: 4 April 2021
10. **Ho, A.H.Y.** (2020). *Alleviating loneliness through citizen empowerment with ARTISAN: Aspiration and Resilience Through Intergenerational Story Telling and Art-based Narratives*. Grand Round -

National University Health System. Singapore: 21 August 2020.

11. **Ho, A.H.Y.** (2019). Barriers to Advance Care Planning in the Local Setting – findings from the National ACP Evaluation. Plenary Speaker at the Lien Centre for Palliative Care (LCPC) 10th Anniversary Conference. Singapore: 11 October 2019.
12. **Ho, A.H.Y.** (2019). *Healthy and Creative Ageing: The Arts for Ageing Well*. Plenary Speaker at the Singapore Gerontological Conference 2019. Singapore: 24 August 2019.
13. **Ho, A.H.Y.** (2019). *Positive Outlook: Caring for Self and Others with Mindful Compassion*. Plenary Speaker at the National Cancer Centre Singapore 2019 Symposium. Singapore: 9 June 2019.
14. **Ho, A.H.Y.** (2018). Qualitative Research Methods for Social Change: A Singaporean Experience. Plenary Speaker at the Singapore Health and Biomedical Congress (SHBC) 2018. National Healthcare Group, Singapore: 25-27 October 2018.
15. **Ho, A.H.Y.** (2018). Living a Good Death: The Essence of Dignified and Compassionate End of Life Care. Plenary Speaker at the Matters of Life and Death Symposium. ShinMin Daily News, Singapore: 23 September 2018.
16. **Ho, A.H.Y., & Tan-Ho, G.** (2018). *Caregiver Self Care: Processing loss and building sustained resilience with Mindful-Compassion Art Therapy (MCAT)*. Plenary Speaker at the 30th Meeting of International Work Group on Death, Dying and Bereavement (IWGDB). London, Canada: 23-29 June 2018.
17. **Ho, A.H.Y.** (2017). *Sustaining Self in Palliative Care*. Plenary Speaker at the 12th Asia Pacific Hospice Palliative Care Conference (APHC). Singapore: 26-29 July 2017.
18. **Ho, A.H.Y., & Tan-Ho, G.** (2017). *Caring for Caregivers: Processing Loss and Building Sustained Resilience via Mindful-Compassion Art Therapy (MCAT)*. Plenary Speaker at the 2017 International Conference on Grief and Bereavement in Contemporary Society. Lisbon, Portugal: 13-16 July 2017.

Invited Lectures & Presentations

1. **Ho, A.H.Y.** (2023). *Alleviating Burnout and Building Sustained Resilience with Mindful Compassion Art-based Therapy (MCAT)*. Invited Experiential Workshop for Project Gift of Song, NTU Lee Kong Chain School of Medicine. Singapore: 21 February 2021.
2. **Ho, A.H.Y.** (2022). *Dignified End of Life Care for the Promotion of Advance Care Planning: Family Dignity Intervention*. Invited Lecture for the ACP Continuous Learning and Networking Series. Agency for Integrative Care. Singapore: 24 November 2022.
3. **Ho, A.H.Y.** (2022). *Alleviating burnout and building sustainable resilience with Mindful Compassion Art-based Therapy (MCAT)*. Invited Workshop for the National University Hospital Education Series. Singapore: 13 September 2022.
4. **Ho, A.H.Y.** (2022). *Parental bereavement of child loss: An international Systematic Review*. Invited Lecture for the Relational Australia Victor Webinar Series. [Virtual] Australia, 15 August 2022.
5. **Ho, A.H.Y.** (2022). *Living and dying with dignity in Chinese Societies*. Invited Lecture for the University of Minnesota Duluth School of Medicine. USA, May 2022.
6. **Ho, A.H.Y.** (2022). *Dignity Enhancing Intervention at the End of Life*. Invited Lecture for the University of Minnesota Duluth School of Medicine. USA, May 2022.
7. **Ho, A.H.Y.** (2022). *Building a career in research: Sharing from a Social Scientist*. Invited Lecture for the UniPsych Symposium. Singapore: 26 March 2016.
8. **Ho, A.H.Y.** (2022). *Social Detox: Understanding Healthy & Toxic Relationships for building Better Mental Health*. Invited Lecture for Mind Matters 2022 – NTU Welfare Services Club Annual Conference. Singapore, 10 February 2022.
9. **Ho, A.H.Y.** (2022). *The Arts for Ageing Well*. Invited Lecture for the Ageing, Inclusion, and Healthcare Research Cluster Webinar, School of Social Sciences, NTU. 28 January 2022.

10. **Ho, A.H.Y.** (2021). *Compassion and Emotional Competency in Advance Care Planning*. Invited Professional Workshop with the Singapore Agency for Integrated Care (AIC) ACP Continuing Learning and Networking Programme. Singapore, 7 December 2021.
11. **Ho, A.H.Y.** (2021). *Mindful-Compassion Art-based Therapy (MCAT): An Experiential Workshop for reducing burnout and building resilience*. Invited workshop for the NTU Women@NTU Discussion Series. Singapore, 26 November 2021.
12. **Ho, A.H.Y.** (2021). *A Date with Death*. Invited virtual workshop for the National Library Board. Singapore, 31 October 2021.
13. **Ho, A.H.Y.** (2021). *A Holistic Evaluation of Singapore's National Advance Care Planning*. Hong Kong Family Welfare Society (HKFWS) Speakers Series. Hong Kong, 11 August 2021.
14. **Ho, A.H.Y.** (2021). The Arts for Ageing Well with ARTISAN: Fostering Aspiration and Resilience Through Intergenerational Storytelling and Art-based Narratives. Invited Speaker at the Ageing Research Institute for Society and Education (ARISE) Seminar Series. 28 May 2021.
15. **Ho, A.H.Y.** (2021). *Alleviating Loneliness and empowering compassionate citizenship with ARTISAN: Aspiration and Resilience Through Intergenerational Storytelling and Art-based Narratives*. Invited Webinar presented for James Cook University Seminar Series. Australia: 30 April 2021.
16. **Ho, A.H.Y.** (2021). *Managing stress with Mindful Compassion Art-based Therapy (MCAT)*. Invited Webinar presented for the Relationships Australia Victoria. Australia: 10 February 2021.
17. **Ho, A.H.Y.** (2021). *Staying Positive! Caring for self and others with Mindful Self-Compassion*. Invited Webinar presented for National Cancer Centre Singapore. Singapore: 8 January 2021.
18. **Ho, A.H.Y.** (2020). *Self-care for sustained resilience and kindness: Mindful-Compassion Art-based Therapy*. Webinar presented for Instituto de Psicologia. Brazil: 27 November 2020.
19. **Ho, A.H.Y.** (2020). *Making the most out of University Life: A Reflective Sharing*. Psychohesion Orientation, Nanyang Technological University Singapore, 22 August 2020.
20. **Ho, A.H.Y.** (2018). *Resilience and Approaches to Self-Care: Mindful-Compassion Art Therapy (MCAT)*. Invited Webinar with the Australian Centre for Grief and Bereavement (ACGB). Singapore, 13 March 2019.
21. **Ho, A.H.Y.** (2018). *Caregivers' Self-Care: Processing Loss and Building Sustained Resilience with Mindful Compassion Art Therapy (MCAT)*. Invited Professional Workshop presented at the Singapore Civil Defense Force (SCDF). Singapore, 08 March 2019.
22. **Ho, A.H.Y.** (2019). *Caring for Caregivers: Building Sustained Resilience with Mindful-Compassion Art Therapy*. Invited Speaker at the International Symposium on Communication in Health Care 2019. Nanyang Technological University, Singapore, 11-12 February 2019.
23. **Ho, A.H.Y., & Tan-Ho, G.** (2018). *Caring for Caregivers: Reducing Burnout and Cultivating Emotional Resilience with Mindful Compassion Art Therapy (MCAT)*. Invited Professional Workshop presented at the Centro de Estudos da Familia de Individuo (CEFI). São Paulo, Brazil, 5-6 June 2018.
24. **Ho, A.H.Y.** (2017). *Arts and Ageing Well in the Community*. Invited Speaker at the 2017 Seniors Empowered Symposium. Singapore, 3 November 2017.
25. **Ho, A.H.Y.** (2017). *Caring for Caregivers: Building Emotional Competence and Sustained Resilience via Mindful Compassion Art Therapy (MCAT)*. Invited Professional Lecture at the Tan Tock Seng Hospital. Singapore: 7 September, 2017.
26. **Ho, A.H.Y., & Tan-Ho, G.** (2017). *The Psycho-Socio-Spiritual Domains of Paediatric Palliative Care*. Invited Workshop at The 12th Asia Pacific Hospice Palliative Care Conference (APHC). Singapore, 26-29 July 2017.
27. **Ho, A.H.Y., & Tan-Ho, G.** (2017). *An Experiential Workshop on Mindful Compassion Art Therapy (MCAT)*. Invited Professional Workshop presented at the 2017 International Conference on Grief and Bereavement in Contemporary Society. Lisbon, Portugal, 13-16 July 2017.

28. **Ho, A.H.Y., & Tan-Ho, G. (2017).** *Existential Wholeness at Life's End: A Novel Family Dignity Intervention (FDI) for terminally-ill patients and their families.* Invited Professional Workshop. Jockey Club End of Life Community Care Project. Hong Kong, 2 June 2017.
29. **Ho, A.H.Y., & Tan-Ho, G. (2017).** *Professional Experiential Workshop on Mindful Compassion Art Therapy for Self-Care among End of Life Professionals: Cultivating Kindness and Sustained Resilience.* Invited Professional Experiential Workshop. Jockey Club End of Life Community Care Project. Hong Kong, 31 May - 1 June 2017.
30. **Ho, A.H.Y. (2016).** *Compassion through Mindfulness. The Journey of Self-Care and Caring for Others.* Invited Lecture at the National Cancer Centre Singapore. Singapore: 08 September, 2016.
31. **Ho, A.H.Y., & Tan-Ho, G. (2016).** *Everyday I'm Suffering: Cultivating Self-Compassion and Emotional Resilience in a Chaotic Work.* Invited Lecture at the 2016 UniPsych Symposium: A NTU x NUS Collaboration. Singapore: 13 August, 2016.
32. **Ho, A.H.Y. (2016).** *Psycho-social Capacity Building and Community Recovery in the Aftermath of Disaster: Experience from the 2008 Sichuan Earthquake.* Plenary Symposia at the 31st International Congress of Psychology (ICP). Yokohama, Japan, 24-29 July, 2016.
33. **Ho, A.H.Y., & Ngo, T.A. (2016).** *Mindful Compassion Art Therapy (MCAT) for hospice palliative care professionals: Cultivating kindness and sustained resilience.* Invited Speaker at Mindfulness in Singapore – A Research Symposium. National Institute of Education, Singapore, 4 April 2016.
34. **Ho, A.H.Y. (2015).** *Cultivating Sustained Compassion: Mindful-Compassion Art Therapy (MCAT) Clinical Supervision.* Invited Professional Workshop presented at the National Cancer Centre Singapore. Singapore, 27 November 2015.
35. **Ho, A.H.Y. (2015).** *Learning from Diversity: Hospice and Palliative Care in Singapore and Hong Kong.* Invited Lecture at the HKU Common Core Curriculum Course, The Last Dance: Understanding Death and Dying. Hong Kong, 11 November 2015.
36. **Ho, A.H.Y. (2015).** *Rethinking Advance Directives and Advance Care Planning in an Ageing World.* Invited Speaker at the Swedish-Singapore Academic Research Seminars, Swedish Academy Collaborative Forum. Singapore: 04 November 2015.
37. **Ho, A.H.Y. (2015).** *Living the Good Death: Resolving the Complexity at End of Life through Dignity, Compassion and Mindfulness.* Invited Speaker at the East-West Connection Symposium: Cultural Patterns, Cognitive Patterns and a Good Life. Para Limes. Nanyang Technological University. Singapore: 16-17 September 2015.
38. **Ho, A.H.Y. (2015).** *Dignity-conserving End-of-Life (EoL) Care Model for Nursing Homes in Chinese Societies.* Invited Speaker at the Chinese Congress on Gerontology and Health Industry (CCGI). Suzhou, People's Republic of China: 11-13 September 2015.
39. **Ho, A.H.Y. (2015).** *A Novel Mindful-Compassion Art Therapy (MCAT) Supervision for End of Life Care in Singapore.* Invited Lecture at Dover Park Hospice Learning Forum. Singapore, 2 September 2015.
40. **Ho, A.H.Y. (2015).** *Dignity at End-of-Life: The Patient-Family Model of Dignified Care.* Invited Lecture at the Agency for Integrated Care (AIC) Learning Forum. Singapore: 17 March, 2015.
41. **Lum, T.Y., Ho A.H.Y., Kan W.W.S., Lau M.M.Y., Wong G.H.Y. and Yek O.P.L. (2014).** *Preliminary findings from the community care voucher pilot program in Hong Kong.* Invited Speaker at the International Conference on Evidence-based Policy in Long-term Care. Aug 30-Sep 3. 2014. London: London School of Economics and Political Science.
42. **Ho, A.H.Y., Luk, J., & Chan, F. (2014).** *Approaching the End-of-Life: A Systemic Discourse of Dignity and Dignified Care in Hong Kong.* Invited Symposia Presentation at the 10th International Conference on Grief and Bereavement in Contemporary Society. Hong Kong: 11-14 June, 2014.

43. **Ho, A.H.Y.**, & Potash, J. (2014). *An Experiential Workshop for Promoting Wellness and Reducing Burnout: Art Therapy-Based Clinical Supervision for Hospice Palliative Care Workers*. Invited Speaker at the 10th International Conference on Grief and Bereavement in Contemporary Society. Hong Kong: 11-14 June, 2014.
44. **Ho, A.H.Y.** (2013). *Promoting Wellness and Reducing Burnout: Art Based Supervision for Clinical Social Workers*. Invited Lecture at the School for Social Work, Smith College. Northampton, Massachusetts, USA: 3 July 2013.
45. Chan, C.L.W., & **Ho, A.H.Y.** (2013). *Facing Life and Death in Acute Care Settings*. Invited Speaker at the Princess Margaret Hospital End-of-Life Care in Acute Care Setting Seminar. Hong Kong: 16 January, 2013.
46. **Ho, A.H.Y.**, & Tam, M.Y.J. (2012). *Health Promoting Dignified Palliative Care: The Application of Social Media and Information Technology in Life and Death Education*. Invited Speaker at the 19th Hong Kong International Cancer Congress. 8-9 November, 2012.
47. **Ho, A.H.Y.** (2010). *Dignity at the End-of-life: Psycho-social-spiritual issues in palliative rehabilitation*. Invited Paper at the Symposium on Psychosocial Impacts and Pain Management in Musculoskeletal Problems. Chinese University of Hong Kong, Hong Kong: 11-12 December 2010.
48. **Ho, A.H.Y.**, & Chan C.L.W. (2009). *Psychosocial Impact of Disaster: Experience from the Sichuan 512 Earthquake*. Invited Speaker at the Symposium on Psychosocial Impact and Pain Management in Musculoskeletal Problems, Chinese University of Hong Kong, Hong Kong: 12-13 December 2009.
49. Chan, C.L.W., Pon, A.K.L., Leung, P.P.Y., Chan, W.C.H., Tin, A.F., Chow, A.Y.M., Chan, T.Y.F., Ng, S.M., **Ho, A.H.Y.**, & Leung, A.W.Y. (2007). *Get SET & Go - Surviving, Empowering and Transforming Goals in Spousal End-of-Life Care, Death and Bereavement*. Invited State of the Art Lecture in the 16th Hong Kong International Cancer Congress. Hong Kong: 14-17 November 2007.

Research Funding

External Grants

Role	Year	Project Title	Amount (SGD\$)	Source of Grant
Co-PI [Lead]	2023-2026	Cardiovascular Disease National Collaborative Enterprise (CADENCE) Platform 3 and Use Case 3: Digital Enable Solution for Primary Prevention of CVD in Patients with Hyperlipidemia	\$5,000,000	Ministry of Health (MOH), Singapore.
PI	2023-2026	Integrative Health Coaching Post-Stroke	\$644,920	SG Enable – Enabling Lives Initiative Grant
Co-PI	2022-2024	Understanding Moral Distress and Adaptive Responses of Clinicians in Advance Care Planning	\$90,355	Geriatric Education and Research Institute (GERI) Singapore
Co-PI	2022-2024	Identifying Distinct Trajectories of Healthcare Expenditure among End-Stage Organ Disease Patients	\$22,250	Palliative Care Centre for Excellence in Research and Education (PaC) Grant

PI	2022-2023	Slow Art Plus: Developing and Piloting a Single Session Art Gallery-based Intervention for Mental Health Promotion via a Mixed Method Waitlist Randomized Control Trial	\$45,000	National Gallery Singapore
PI	2021-2023	The Table to Console: A Novel Psychotherapeutic Culinary Grief Intervention [CGI] for Bereaved Family Caregivers in Singapore	\$49,760	Palliative Care Centre for Excellence in Research and Education (PaIC) Grant.
PI	2020-2022	Effects of Participatory 'A'rt-Based Activity On 'Health' of Older Community-Dwellers: The Singapore A-Health Randomized Controlled Trial Study	\$79,600	McGill University Jewish General Hospital & NTU Lee Kong Chian School of Medicine
Overall Technical PI	2019-2022	The Healthcare Worker's Journey of Care and Recovery: A qualitative study on the lived experience of supporting stroke patients in Singapore's rehabilitation unit	\$299,800	Rehabilitation Research Institute Singapore (RRIS) Rehabilitation Research Grant 3
Overall Technical PI	2019-2022	Identifying Care Needs and Measuring Longitudinal Outcome Holistically for Acute and Chronic Stroke Patients	\$296,700	Rehabilitation Research Institute Singapore (RRIS) Rehabilitation Research Grant 3
PI	2019-2022	A Longitudinal Mixed Methods Study on Psychosocial QOL Trajectories of First Time Stroke Patients in Singapore	\$299,988	Rehabilitation Research Institute Singapore (RRIS) Rehabilitation Research Grant 3
PI	2019-2022	ARTISAN 2.0: Deconstructing the Integrative Efficacy of a Multimodal Art-based Intervention to Strengthen Understanding and Demystify Misconceptions on Arts, Heritage, and Health	\$123,000	National Arts Council (NAC) Research Grant
Co-PI	2019-2022	Preventing Limb Losses in Singapore through Health Literacy and Healthcare Improvement	\$1,528,312	Ministry of Health Singapore - Health Service Research Grant (HSRG)
PI	2019-2021	Non-Palliative Care Professionals Caring for End-of-life Patients: A Lived Experience Study	\$120,000	Lien Foundation (LF) Special Grant
PI	2018-2020	Development and Evaluation of a novel Narrative E-Writing Intervention (NeW-I) for Parents of Children with Life-Limiting Illness: A Pilot Randomized Controlled Trial for Advancing Holistic Paediatric Palliative Care and Parental Bereavement Support	253,390	Temasek Foundation Innovates' - Singapore Millennium Foundation (SMF) Grant

PI	2018-2019	Fostering Aspiration and Resilience Through Intergenerational Storytelling and Art-Based Narratives - Project ARTISAN	40,700	National Arts Council (NAC) Research Grant
PI	2016-2018	A Multicentre Randomized Controlled Trial of a Novel Family Dignity Intervention (FDI) for Asian Palliative Care	541,421	Singapore Ministry of Education (MOE) Academic Research Fund (AcRF) Tier 2 Grant
PI	2016-2018	The Arts for Ageing Well: A landscape study on art participation and holistic wellbeing among current and future older generations of Singapore	200,000	National Arts Council (NAC) Research Grant
Co-PI	2016-2018	An Evaluation of the National Advance Care Planning Programme	294,464 (1,040,200)	Singapore Ministry of Health / AIC
PI	2014-2015	Advancing Dignity and Compassion in End-of-Life Care	15,260	Knowledge Exchange Fund, University of Hong Kong.
PI	2014-2016	The Expansion of the hospicehome.hk Interactive Website for the Furtherance of Health Promoting Palliative Care in Hong Kong	269,318	Li Ka Shing Foundation, Hong Kong.
PI	2014-2016	The Centennial Evolution of Funeral & Burial Practices in Hong Kong: An Education and Research Initiative	89,772	BOD of Chinese Permanent Cemeteries, Hong Kong.
Senior MGT Team	2013-2016	A Three-year Project on Enhancement of the Infrastructure of long-term-care in Hong Kong	4,752,755	Lotteries Fund, Social Welfare Department, Hong Kong SAR Government.
PI	2012-2014	An Effectiveness Study on the 'Love and Chastity' Comprehensive Sex Education Project	35,900	Caritas Hong Kong
PI	2012-2013	A Study on Developing and Evaluating a Tailored Family-based Intervention Model for the Tung Chung Integrative Service Centre	35,900	Neighbourhood Advice-Action Council, Hong Kong.
Co-PI	2012-2013	A Study on Systems Dynamics in Community Care Pathway at the End-of-Life Care: A Hong Kong Experience	9,700	Seed Funding for Basic Research, University of Hong Kong.
PI	2011-2013	A programme evaluation study on "Walking Hand-in-Hand Cancer Family Support Project"	35,900	Hong Kong Anti-Cancer Society
Co-PI	2012-2013	An Efficacy Study on Art Therapy Programs to Support Professional Caregivers of the Dying and the Bereaved	14,363	Hong Kong Society for the Promotion of Hospice Care

Co-PI	2011-2013	Mental Health Promotion: Using the Arts to Increase “understanding and support” for People Living with Mental Illness	63,500	Public Policy Research (PPR), Research Grant Council (RGC), Hong Kong.
Co-PI	2009-2011	Living and Dying with Dignity: Development of an Empirical Model of Dignified Palliative EoL Care from the Personal, Familial and Cultural Perspectives	57,775	General Research Fund (GRF), Research Grant Council (RCG), Hong Kong.
PI	2011-2012	A Program Evaluation Study on the Community Mental Health Project for the Elderly	35,900	Neighbourhood Advice-Action Council, Hong Kong.
PI	2011-2013	The Development and Implementation of the hospicehome.hk Interactive Website for the promotion of Hospice Care in Hong Kong	197,514	Li Ka Shing Foundation, Hong Kong.
PI	2010-2011	Community Needs Assessment for Cancer Care: A Study on Tuen Mun, Yuen Long & Tin Shui Wai New Towns	14,630	Hong Kong Cancer Fund
Co-PI	2010-2011	Provision of Chinese Medicine Systematic Review on the Use of Chinese Qi-Gong in Prevention and Rehabilitation	71,820	Hong Kong Hospital Authority
Co-PI	2010-2011	Program Evaluation of Horticultural Therapy for Victims of Domestic Violence in “Harmony Garden	26,155	Harmony House, Hong Kong.
PI	2009-2011	Development of a Theory and Research Driven Cancer Patient and Family Needs Assessment Package for Palliative End-of-life Care Services in Hong Kong	53,870	Mrs. Li Ka Shing Fund, Hong Kong.
PI	2009-2010	A Quality Assurance Evaluation Study on the First Link Dementia Network and the Dementia Transition Project	11,000	Alzheimer Society of British Columbia, Canada.
Co-PI	2009-2010	A study on the Psycho-Social Needs and Employment Outcomes of Chinese Children Cancer Survivors	17,995	Pau Kwong Wun Charitable Foundation, Hong Kong.
PI	2008-2009	A Study on the Experience of Loss & Grief Trajectories of Bereaved Victims	19,750	512 Earthquake Roundtable Core Group – HKU Seed Funding
Co-PI	2008-2010	A Study on the Development of a Cultural-Specific Meaning-Oriented Mass Trauma Intervention. 2008-2010	26,930	512 Earthquake Roundtable Core Group – HKU Seed Funding

Co-PI	2008-2010	A Study on the Pathway to Readjustment and Recovery for Earthquake Survivors: A Longitudinal Study on the Mental Health Consequences of Catastrophes	10,773	512 Earthquake Roundtable Core Group – HKU Seed Funding
Co-PI	2007-2009	Motivation Styles and its Effect on Terminal Patients' Subjective Well-being and Coping Efficacy in Relation to Surviving Family Members' Bereavement Experience: A Pilot study	12,586	Seed Funding for Basic Research, University of Hong Kong.
PI	2007-2008	A Program Evaluation Study on the Better Health for a Better Hong Kong: A Territory-wide health promotion campaign	24,778	Hong Kong Hospital Authority
Senior MGT Team	2006-2009	The Empowerment Network for the Adjustment to Bereavement and Loss at the End-of-Life (Project ENABLE)	3,950,177	Hong Kong Jockey Club Charities Trust
PI	2004-2005	A Program Evaluation Study on the Implementation of the Samaritan Befrienders HK: Life Education Centre	26,933	Samaritan Befrienders Hong Kong

Internal University Grants

Role	Year	Project Title	Amount (SGD\$)	Source of Grant
Co-PI	2023-2024	CometoCare: Investigating the Roles of Computer-mediated Self-disclosure and Social Support in Psychological Well-being of Family Caregivers of the Elderly	90,000	Singapore Ministry of Education (MOE) Academic Research Fund (AcRF) Tier 1 Grant
Co-PI	2022-2023	Cultivating Self-Awareness and Self-Compassion for Mental Wellness and Self-Regulated Learning	33,336	EdeX Grant, Centre for Teaching, Learning and Pedagogy, NTU.
PI	2021-2023	Understanding and Strengthening University Students' Psycho-Socio-Emotional Wellness and Preparedness for COVID-19 and Future Pandemics: A Cross-Sectional Mixed-Methods Study	82,618	Singapore Ministry of Education (MOE) Academic Research Fund (AcRF) Tier 1 Grant
PI	2019-2022	Mindful-Compassion Art Therapy for Dementia Care (MCAT-DC) - Empowering Resilience and Holistic Wellbeing for Sustainable Family Caregiving: A Waitlist Randomized Controlled Trial	198,989	Ageing Research Institute for Society and Education (ARISE) Strategic initiatives Funding
PI	2019-2021	The Cost of Care in Advanced Dementia: Blessing or Burden	100,000	ARISE & Geriatric Education and Research Institute (GERI) Joint Research Grant

PI	2017-2019	A Qualitative Study on the Lived Experience of Bereaved Parents of Young Children with Life limiting Illness: Advancing Parental Bereavement Support in Singapore	74,985	Singapore Ministry of Education (MOE) Academic Research Fund (AcRF) Tier 1 Grant
PI	2015 - 2018	Development and evaluation of a novel Mindful-Compassion Art Therapy (MCAT) Supervision for self-care and collegial support among end-of-life care professionals in Singapore.	34,994	NTU Start-Up Grant (SUG)

Citation Summary

Database	Citation Count		H-index
	without self-citations	with self-citations	
Google Scholar		2768	28

Publications (in chronological order, starting with the most recent)

Note: **Directly supervised research staff; *PhD student (Supervised); # = Tier 1 papers; IF = Impact Factor

Journal Papers

1. **Ho, A.H.Y.**, Tan-Ho, G., Low, C., Chan, E.Y., Chan, N., Hum, A., Low, J.A., & Tan, W.S. (2023). The systemic challenges of Non-Palliative Care Professionals caring for End-of-Life patients: A lived experience study. *Palliative and Supportive Care*, 1-7. DOI: [10.1017/S1478951523000330](https://doi.org/10.1017/S1478951523000330) [IF:3.733]
2. Chiang, M.H.L., Wong, A.Y.P., Tan, S.L.H., Mohapatra, L., Chan, P., & **Ho, A.H.Y.** (2023). Continuity of Care Advocate Model (CCAM): Healthcare workers' perspectives on quality stroke care at an acute unit, rehabilitation center and community rehabilitation program in Singapore. *Quality Health Research*, 33(1-2), 53-62. DOI: [10.1177/10497323221139392](https://doi.org/10.1177/10497323221139392) [IF: 5.762]
3. **Choo, P.Y., Shaik, M.A., Tan-Ho, G., Lee, J., & **Ho, A.H.Y.** (2022). Living losses in stroke caregiving: A qualitative systematic review of systematic reviews on psycho-socio-emotional challenges and coping mechanisms. *International Journal of Stroke*, DOI: <https://doi.org/10.1177/17474930221104908> [IF: 6.948]#
4. Dutta, O., Tan-Ho, G., Low, C.X., Tan, T.H.B., Ganapathy S., Car, J., Ho, R.M.H., Miao C.Y., & **Ho, A.H.Y.** (2022). Acceptability and feasibility of a pilot randomized controlled trials of Narrative e-Writing Intervention (NeW-I) for parent-caregivers of children with chronic life-threatening illness in Singapore. *BMC Palliative Care*, 21(1), 59. DOI: <https://doi.org/10.1186/s12904-022-00945-0> [IF: 3.914]#**
5. **Ho, A.H.Y.**, Tan-Ho, G., Ngo, T.A., Ong, G., Chong, P. H., Dignadice, D., Potash, P. (2021). A novel Mindful-Compassion Art-based Therapy (MCAT) for reducing burnout and promoting resilience among healthcare workers: Findings from a waitlist Randomized Control Trial. *Frontiers in Psychology*, 12, 744443. DOI: [10.3389/fpsyg.2021.74443](https://doi.org/10.3389/fpsyg.2021.74443) [IF:2.99]#
6. **Ho, A.H.Y.**, Ma, S.H.X., Tan, M.K.B., & Bajpai, R.C. (2021). A randomized waitlist-controlled trial of an intergenerational arts and heritage-based intervention in Singapore: Project ARTISAN. *Frontiers in Psychology*, 12, 730709. DOI: [10.3389/fpsyg.2021.730709](https://doi.org/10.3389/fpsyg.2021.730709) [IF:2.99]#
7. Beauchet, O., Cooper-Brown, L. A., Hayashi, Y., Deveault, M., **Ho, A. H. Y.**, & Launay, C. P. (2021). Health benefits of "Thursdays at the Montreal Museum of Fine Arts": Results of a randomized clinical trial. *Maturitas*, 153, 26-32. Doi: [10.1016/j.maturitas.2021.07.013](https://doi.org/10.1016/j.maturitas.2021.07.013) [IF: 3.654]#

8. **Lall, P., Dutto, O., Tan, W.S., Patinadan, P., Kang, N.Q.Y., Low, C.K., Car, J., & **Ho, A.H.Y.** (2021). I decide myself: A qualitative exploration of end of life decision making processes of patients and caregivers through Advance Care Planning. *PLOSOne*, 16(6), e0252598. DOI: [10.1371/journal.pone.0252598](https://doi.org/10.1371/journal.pone.0252598) [IF: 2.740]
9. *Patinadan, P.V., Tan-Ho, G., Choo, P.Y., & **Ho, A.H.Y.** (2021). "Food of Life and Palliation" (FLiP): A qualitative study for understanding and empowering dignity and identity for terminally ill patients in Asia. *BMJ Open*, 11(4), e038914. doi: [10.1136/bmjopen-2020-038914](https://doi.org/10.1136/bmjopen-2020-038914) [IF: 2.992]#
10. Lau, J., Khoo, A.M.G., **Ho, A.H.Y.**, & Tan K.K. (2021). Psychological resilience among palliative patients with advanced cancer: A systematic review of definitions and associated factors. *Psycho-Oncology*, 30(7), 1029-0104. doi: [10.1002/pon.5666](https://doi.org/10.1002/pon.5666) [IF: 3.455]#
11. Yip, W.F., Ge, L., **Ho, A.H.Y.**, Heng, G.H., & Tan, W.S. (2021). Building community resilience beyond COVID-19: The Singapore Way. *The Lancet Regional Health – Western Pacific*, 7, 100091. doi: <https://doi.org/10.1016/j.lanwpc.2020.100091>
12. **Lall, P., Kang, N.Q.Y., Tan, W.S., Dutta, O., Patinadan, P.V., Low, C.K., Car, J., & **Ho, A.H.Y.** (2020). Competing Expectations: Advance care planning from the perspectives of doctors and nurses in the South-East Asian context. *Death Studies*, doi: [10.1080/07481187.2020.1848943](https://doi.org/10.1080/07481187.2020.1848943). [IF: 4.430]
13. **Ho, A.H.Y.**, Lall, P., Tan, W.S., Patinadan, P.V., Wong, L.H., Dutta, O., Peng, W.S., Low, C.K., Car, J. (2020). Sustainable implementation of Advance Care Planning in Asia: An Interpretive-Systemic Framework for National Development. *Palliative & Supportive Care*, 9(1), 82-92. doi: [10.1017/S1478951520000590](https://doi.org/10.1017/S1478951520000590) [IF: 1.968]#
14. **Tan-Ho, G., Choo, P.Y., Patinadan, P.V., Low, C.X., & **Ho, A.H.Y.** (2020). Blessings or Burdens: An Interpretative Phenomenological Analysis (IPA) Study on the Motivations and their Impact on End-of-life Caregiving among Asian Family Caregivers. *BMC Palliative Care*, 19, 132. doi: [10.1186/s12904-020-00638-6](https://doi.org/10.1186/s12904-020-00638-6) [IF: 3.141]#
15. **Ho, A.H.Y.**, Dutta, O., Tan-Ho, G., Tan, T.H.B., Low, C.X., Ganapathy S., Car, J., Ho, R.M.H., & Miao C.Y. (2020). A Novel Narrative e-Writing Intervention (NeW-I) of Children with Chronic Life-Threatening Illnesses: Protocol for an Open-Label Randomized Controlled Trial. *JMIR Research Protocol*, 9(7), e17561. doi: [10.2196/17561](https://doi.org/10.2196/17561) [IF: 4.945]#
16. *Dutta, O., Tan-Ho, G., Choo, P.Y., Low C.X., Chong, P.H., Ng, C., Ganapathy, S., & **Ho, A.H.Y.** (2020). Trauma to Transformation: the lived experience of bereaved parents of children with chronic life-threatening illnesses in Singapore. *BMC Palliative Care*, 19, 46. doi: [10.1186/s12904-020-00555-8](https://doi.org/10.1186/s12904-020-00555-8) [IF: 3.141]
17. *Patinadan, P.V., Tan-Ho, G., Choo, P.Y. & **Ho, A.H.Y.** (2020). Clinical intervention for resolving anticipatory grief and enhancing dignity at the end-of-life: A systematic Review. *Death Studies*, doi: [10.1080/07481187.2020.1728426](https://doi.org/10.1080/07481187.2020.1728426) [IF: 4.430]#
18. Beauchet, O., Bastien, T., Mittelman, M., Hayashi, Y., & **Ho, A.H.Y.** (2020). Participatory art-based activity, community-dwelling older adults and changes in health condition: Results from a pre-post single arm, prospective and longitudinal study. *Maturitas*, 134, 8-14. Doi: [10.1016/j.maturitas.2020.01.006](https://doi.org/10.1016/j.maturitas.2020.01.006) [IF: 3.654]#
19. Beauchet, O., Bastien, T., **Ho, A.H.Y.**, Vilcocq, C., Galery, K., & Launay, C.P. (2020). Long-term effects of the Montreal museum of fine arts participatory activities on frailty in older community dwellers: results of the A-Health study. *European Geriatric Medicine*, 12(2), 295-302. doi: [10.1007/s41999-020-00408-w](https://doi.org/10.1007/s41999-020-00408-w) [IF: 1.326]
20. **Ho, A.H.Y.**, Dutta, O., Tan-Ho, G., Choo, P.Y., Chong, P.H., Ng, C., Ganapathy, S. (2019). Thematic Analysis of Spousal Transaction Patterns among Asian Bereaved Parents of Children with Chronic Life-Threatening Illness. *BMJ Open*, 9, e032582. Doi: [10.1136/bmjopen-2019-032582](https://doi.org/10.1136/bmjopen-2019-032582) [IF: 2.376]#
21. **Ho, A.H.Y.**, Ho, R.H.M., Pang, J. Ortega, E., Bajpai, R., & Ma, S.H.X. (2019). The Arts for Ageing Well: A Propensity Score Matching Analysis of the Effects of Arts Engagements on Holistic Wellbeing among Asian Elderly Population. *BMJ Open*, 9, e029555. doi: [10.1136/bmjopen-2019-029555](https://doi.org/10.1136/bmjopen-2019-029555) [IF: 2.992]#

22. *Dutta, O., Lall, P., Car, J., Low, C.K., & **Ho, A.H.Y.** (2019). Patient Autonomy and Participation in end of life Decision-Making: An Interpretive-Systemic Focus Group Study on Perspectives of Asian Healthcare Professionals. *Palliative and Supportive Care*, 18(4), 425-430. doi: [10.1017/S1478951519000865](https://doi.org/10.1017/S1478951519000865) [IF: 1.968]#
23. **Choo, P.Y., Tan-Ho, G., Dutta, O., Patinadan, P.V., **Ho, A.H.Y.** (2019). Reciprocal Dynamics of Dignity in End-of-Life Care: A Multi-Perspective Qualitative Systematic Review. *American Journal of Hospice and Palliative Medicine*, 37(5):385-398. doi: [10.1177/1049909119878860](https://doi.org/10.1177/1049909119878860) [IF: 1.655]#
24. **Ho, A.H.Y.**, Tan-Ho, G., Ngo, T.A., Ong, G., Cheng, P.H., Dignadice, D. & Potash, J.S. (2019). A novel Mindful Compassion Art Therapy (MCAT) for reducing burnout and promoting resilience for EoL care professionals: A waitlist RCT Protocol. *Trials*, 20, 406. doi: [10.1186/s13063-019-3533-y](https://doi.org/10.1186/s13063-019-3533-y) [IF: 2.258]#
25. Koh, M., Hum, A., Khoo, H.S., **Ho, A.H.Y.**, Chong, P.H., Ong, W.Y., Ong, J.Y.J., Neo, P.S.H., & Yong W.C. (2019). Burnout and Resilience after a Decade in Palliative Care: What Survivors' have to teach us. A Qualitative Study of Palliative Care Clinicians with more than 10 years of experience. *Journal of Pain and Symptom Management*, 59(1), 105-115 doi: [10.1016/j.jpainsymman.2019.08.008](https://doi.org/10.1016/j.jpainsymman.2019.08.008). [IF: 3.906]#
26. **Divakar, U., Nazeha, N., Posadzki, P., Jarbrink, K., Bajpai, R., **Ho, A.H.Y.**, Feder, G., Campbell, J. & Car, J. (2019). Digital education of health professionals on the management of domestic violence: Systemic review and meta-analysis by the Digital Health Education Collaboration. *Journal of Medical Internet Research*, 21(4), e12968. doi: [10.2196/13868](https://doi.org/10.2196/13868). [IF: 4.671]#
27. *Tan, W.S., Bajpai, R., Low, C.K., **Ho, A.H.Y.**, Wu, H.Y., & Car, J. (2019). Individual, clinical and system factors associated with the place of death: A linked national database study. *PLOS One*, 14(4), e0215566. doi: [10.1371/journal.pone.0215566](https://doi.org/10.1371/journal.pone.0215566) [IF: 2.766]#
28. **Bajpai, S., Semwal, M., Bajpai, R., Car, J., & **Ho, A.H.Y.** (2019). Health professions' digital education: a review of learning theories in RCTs by the Digital Health Education collaboration. *Journal of Medical Internet Research*, 21(3), e12912. doi: [10.2196/12912](https://doi.org/10.2196/12912) [IF: 4.671]#
29. Car, J., Charlstedt-Duke, J. Tudor Car, L., Posadzki, P., Whiting, P., Zary, N., Atun, R., Majeed, A., Campbell, J., & Digital Health Education Collaboration (DHEC), with **Ho, A.H.Y.** as a member of DHEC. (2019). Digital education in health professions: The need for overarching evidence synthesis. *Journal of Medical Internet Research*, 21(2), e12913. doi: [10.2196/12913](https://doi.org/10.2196/12913). [IF: 4.671] #
30. *Tan, W.S., Lall, P., Car, J., Low, C.K., **Ho, A.H.Y.** (2019). Implementing advance care planning in acute care hospital: Leading the transformation of norms *Journal of the American Geriatric Society*, 67(7), 1278-1285. doi: [10.1111/jgs.15857](https://doi.org/10.1111/jgs.15857) [IF: 4.155]#
31. *Tan, W.S., Bajpai, R., **Ho, A.H.Y.**, Low, C.K., & Car, J. (2019). Retrospective Cohort Analysis of Real-Life Decisions about End-of-Life Care Preferences in a Southeast Asian Country. *BMJ Open*, 9, e024662. doi: [10.1136/bmjopen-2018-024662](https://doi.org/10.1136/bmjopen-2018-024662) [IF: 2.413]#
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3. **Ho, A.H.Y.**, Low, C., Hum, A., Chan, E.Y., Low, J., Khemlani, M.K., Chan, N., & Tan-Ho, G. (2020). Research Report on *Non-Palliative Care Professionals Caring for End-of-Life Patients: A Lived Experience Study on Needs, Challenges and Actions for Strengthening Clinical Competency and Psycho-Socio-Emotional Capacity in Singapore*. Singapore: Action Research for Community Health, Nanyang Technological University. (Submitted to the Lien Foundation Singapore)

4. **Ho, A.H.Y., Ho, R.M.H., Pang, J., Ortega, E., & Ma, H.S.X.** (2018). *Research Report on The Arts for Ageing Well – A Landscape Study on Art Participation and Holistic Wellbeing among Current and Future Older Generations of Singapore*. Singapore: Action Research for Community Health, Nanyang Technological University. (Submitted to the National Arts Council Singapore)
5. Car, J., Low, C.K., **Ho, A.H.Y.**, & Tan, W.S. (2018). *Research Report on an Evaluation of the National Advance Care Planning Programme*. Singapore: Centre for Population Health Sciences, Lee Kong Chian School of Medicine, Nanyang Technological University. (Submitted to the Singapore Ministry of Health)
6. **Ho, A.H.Y.**, Lum T.Y., Kan, W.W.S., Lau, M.M.Y., Wong, G.H.Y., & Yek, O.P.L. (2014) *Research Report on An Evaluation Study of the First Phase of the Pilot Scheme on Community Care Service Voucher (CCSV) for the Elderly*. Hong Kong: Sau Po Centre on Ageing. (Submitted to the Social Work Department, Hong Kong S.A.R. Government)
7. Lum, T.Y., Fung, W., Lau, M.M.Y., & **Ho, A.H.Y.** (2014). *Consultant Report on Ageing with Down Syndrome: Health and Social Care needs of Older Adults with Down Syndrome and their family caregivers*. Hong Kong: Sau Po Centre on Ageing. (Submitted to the Hong Kong Down Syndrome Association)
8. **Ho, A.H.Y.**, Yuen, Y., Sun, A., & Chan, C.L.W. (2014). *Research Report on Developing and Evaluating of a Tailored Family-based Intervention Model for the Tung Chung Integrative Service Centre*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Neighborhood Advice-Action Council)
9. **Ho, A.H.Y.**, Yuen, Y., Sun, A., & Chan, C.L.W. (2013). *Research Report on the Walking Hand-in-Hand Cancer Family Support Project*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Hong Kong Anti-Cancer Society)
10. **Ho, A.H.Y.**, & Chan, C.L.W. (2013). *Research Report on the Community Mental Health Project for the Elderly (CMHPE)*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Neighbourhood Advice-Action Council)
11. **Ho, A.H.Y.**, & Chan, C.L.W. (2011). *Research Report on Community Needs Assessment for Cancer Care: A Study on Tuen Mun, Yuen Long & Tin Shui Wai New Towns*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Hong Kong Cancer Fund)
12. Chan, C.L.W., Chow, A.Y.M., Ng, S.M., **Ho, A.H.Y.** (2010). *Project Evaluation Report on the Empowerment Network for Adjustment to Bereavement and Loss at the End-of-life (Project ENABLE)*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Hong Kong Jockey Club Charities Trust).
13. **Ho, A.H.Y.**, & Chan C.L.W. (2010). *Assessment Research Report on The Psycho-Social Needs and Employment Outcomes of Chinese Childhood Cancer Survivors (CCS) in Hong Kong*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Hong Kong Childhood Cancer Foundation).
14. **Ho, A.H.Y.** (2009). *Program Evaluation Report on The FIRST LINK Dementia Network & The Dementia Transition Project*. Canada: University of Victoria. (Submitted to the Alzheimer Society of British Columbia and the Vancouver Island Health Authority).
15. Ho, A.H.Y., & Chan, C.L.W. (2008). *Program Evaluation Report on A Better Health for a Better Hong Kong: A Territory Wide Health Promotion Campaign*. Hong Kong: Centre on Behavioral Health, The University of Hong Kong. (Submitted to the Hospital Authority Health InfoWorld).
16. Chou, K.L., Chui, E.W.T., & **Ho, A.H.Y.** *Research Report on A Study on Mainland Parents Giving Birth in Hong Kong*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Central Policy Unit, HKSAR Government)
17. Chou, K.L., Chui, E.W.T., & **Ho, A.H.Y.** (2006). *Research Report on A Study on Policies and Practices of Selected Countries/Territories in respect of Eligibility and Portability of Public Benefits*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Central Policy Unit, HKSAR Government)

18. Chui, E.W.T., Chou, K.L., Lou, V.W., & **Ho, A.H.Y.** (2005). *Research Report on A Study on Elderly in Poverty in Hong Kong*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Central Policy Unit, HKSAR Government)
19. **Ho, A.H.Y.**, Chou, K.L., & Chui, E.W.T. (2005). *Research Report on A Study to identify the patterns of physical exercise and determinants contributing to the engagement in physical exercise among Hong Kong older adults*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Health Care and Promotion Fund Committee of the Health, Welfare and Food Bureau, HKSAR Government)
20. Chou, K.L., Chui, E.W.T., & **Ho, A.H.Y.** (2005). *Research Report on A Study on Policies and Practices in Selected Countries in Respect of Retirement Age and Their Applicability to Hong Kong*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Central Policy Unit, HKSAR Government)
21. **Ho, A.H.Y.**, Chou, K.L., & Chan, C.L.W. (2005). *Research Report on A Program Evaluation Study on the Implementation of the Samaritan Befrienders Hong Kong: Life Education Centre*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Samaritan Befrienders Hong Kong)
22. Chou, K.L., Chui, E.W.T., & **Ho, A.H.Y.** (2005). *Research Report on A Study on the Willingness of Elders to Sustain Tai Chi Practice*. Hong Kong: Sao Po Centre on Ageing. (Submitted to the Hong Kong Hospital Authority)

Working Papers / Pipeline

1. *Shaik, M.A., Choo, P.Y., Tan-Ho, G., Lee, J.C.K. & **Ho, A.H.Y.** (Under Review). Recovery needs and Psychosocial Rehabilitation Trajectory of Stroke Survivors (PReTS): An overview of systematic reviews. *International Journal of Stroke*. [IF: 5.266]#
2. *Patinadan, P.V., Shanmugam, R., Tan-Ho, G., Choo, P.Y., & **Ho, A.H.Y.** (Under Review). "I am not eating this!": An applied e-drama intervention for empathic, compassionate care. *Medical Education*. [IF: 4.570]#
3. *Tan, W.S., Car, J., Lall, P., Wu, H.Y., & **Ho, A.H.Y.** (Under Review). It's not my decision alone – Healthcare Professional perceptions of preference elicitation, patients' preferences for, and actualized place of death. *Palliative Medicine*. [IF: 4.220]#
4. **Ho, A.H.Y.**, Ma, S.H.X., Ho, R.H.M., Pang, J. & Ortega, E. (Under Internal Review). The Arts for Ageing Well: An Ecological Model for Sustainable Arts Engagement. *The Gerontologist*. [IF: 4.277]#
5. **Ho, A.H.Y.**, Kang, N.Q.Y., Patinadan, P.V., Tan, W.S., Dutta, O., Low, C.K., Car, J., Lall, P. (Under Internal Review). Facilitating Advance Care Planning in Asia: Perspectives of Medical Social Workers and Allied Health Workers. *Social Science and Medicine*. [IF: 3.835]
6. **Ho, A.H.Y.**, Luo, H., Chan, C.L.W., & Lum, T.Y. (In Preparation). Advance directives and end-of-life care decisions: Help or Hindrance for promoting quality-of-life among older adults with chronic terminal illness. *New England Journal of Medicine*. [IF: 54.42]
7. **Ho, A.H.Y.** (In Preparation). Public health palliative care: An affective curriculum for medical humanities and life and death education. *Medical Education*. [IF: 3.196]

Conference Presentations and Professional Workshops

1. **Ho, A.H.Y.** (2023). *Our Work, Ourselves Panel with Drs. John Jordan, Sarah Vollmann, & Ted Rynearson*. Panel presentation at the 44th Annual Conference of the Association for Death Education and Counseling. Columbus, Ohio, USA, 25-29 April 2023.
2. **Ho, A.H.Y.**, & Tan-Ho, G. (2023). *Alleviating Burnout and Building Sustained Resilience with Mindful Compassion Art-based Therapy (MCAT)*. Experiential Workshop conducted at the 44th Annual Conference of the Association for Death Education and Counseling. Columbus, Ohio, USA, 25-29 April 2023.
3. Tan-Ho, G., Patinadan, P.V., Limbu, B.L., Hum, A.Y.M., Koh, M., & **Ho, A.H.Y.** (2023). Table to Console: A Singaporean Culinary Grief Intervention. Paper presentation at the 44th Annual Conference of the Association for Death Education and Counseling. Columbus, Ohio, USA, 25-29

April 2023.

4. **Ho, A. H. Y.**, Tan-Ho, G., Ma, S. H. X., Tan, M. K. B, Hum, A., Yap, P., Ali, N, & Choo, P. Y. (2023). Mindful-Compassion Art-based Therapy for Dementia Care (MCAT-DC): Findings from a Waitlist Randomized Controlled Trial. Paper presented at the 2023 Asian Conference on Psychology & the Behavioral Sciences. Tokyo, Japan, 31 March to 3 April 2023.
5. Choo, P.Y., Tan-Ho, G., Tan, W.S., Bajpai, R. C., & **Ho, A. H. Y.** (2023). *Emerging Adulthood in the Midst of the COVID-19 Pandemic: Perpetuating and Protective Factors Affecting University Students' Mental Health*. Paper presented at the 2023 Asian Conference on Psychology & the Behavioral Sciences. Tokyo, Japan, 31 March to 3 April 2023.
6. Ma, H.X.Y., & **Ho, A.H.Y.** (2023). *A Five Arm Randomized Control Trial for an Intergenerational Arts and Heritage-Based Intervention: ARTISAN 2.0*. Paper presented at the 2023 Asian Conference on Psychology & the Behavioral Sciences. Tokyo, Japan, 31 March to 3 April 2023.
7. Shaik, M. A., Choo, P. Y., Tan-Ho, G., Lee, J., & **Ho, A. H. Y.** (2023). *The Lived Experience of Post-Stroke Loss and Coping Strategies of Singaporean First-Time Stroke Survivors and Family Caregivers*. Paper presented at the 2023 Asian Conference on Psychology & the Behavioral Sciences. Tokyo, Japan, 31 March to 3 April 2023.
8. **Ho, A. H. Y.**, Tan-Ho, G., Ma, S. H. X., Tan, M. K. B, Hum, A., Yap, P., Ali, N, & Choo, P. Y. (2022). Mindful-Compassion Art-based Therapy for Dementia Care: Preliminary Findings from a Waitlist Randomized Controlled Trial. Paper presented at the 31st Meeting of the International Work Group of Death, Dying and Bereavement. Oslo, Norway, 22-28 May 2022.
9. **Choo, P.Y.**, & Ho, A.H.Y. (2022). Living Losses in Stroke Caregiving: An Overview of Systematic Review on Psycho-Socio-Emotional Challenges and Coping Mechanisms. Paper presented at the 43rd Association for Death Education and Counseling Conference. USA, 20-23 April 2022.
10. Tan-Ho, G., Chan, E.Y., Chan, N., Hum, A., Khemlani, M. H., Low, J., & Tan, W.S. (2021). *Lived Experiences of Non-Palliative Care Professionals (NPCPs) Caring for Dying Patients: The Challenges and Resilience in End-of-life (CaRE) Empowerment Framework*. Paper presented at the Asia Pacific Hospice Conference. [Virtual]. Japan, 13-14 November 2021.
11. **Ho, A.H.Y.**, & Tan, W.C. (2021). *Sustainable Implementation of Advance Care Planning in Singapore and Greater Asia: An Interpretive-Systemic Framework for National Development*. [Virtual]. Paper presented at the Asia Pacific Hospice Conference. [Virtual]. Japan, 13-14 November 2021.
12. **Ho, A.H.Y.**, Tan-Ho, G., Low, C. (2021). *Challenges and Resilience of Non-Palliative Care Professionals Caring for End-of-Life Patients: A Qualitative Study on Health Profession Education*. [Virtual]. Paper presented at the Singapore Health and Biomedical Congress 2021. Singapore, 7-8 October 2021.
13. **Ho, A.H.Y.**, Tan-Ho, G., Dignadice, D., & Chong, P.H. (2021). *Protecting Healthcare Workers' Mental Health: A Waitlist Randomized Controlled Trial of a novel Mindful Compassion Art-based Therapy (MCAT) for Reducing Burnout & Building Resilience*. Paper presented at the Singapore Health and Biomedical Congress 2021. [Virtual]. Singapore, 7-8 October 2021.
14. Choo, P.Y., Shaik, M.A., Tan-Ho, **Ho, A.H.Y.** (2021). *Psycho-socio-emotional challenges and support needs of stroke caregiving: An overview of Systematic Review*. Paper presented at the SingHealth Duke-NUS Scientific Congress [Virtual]. Singapore, 17-18 September 2021.
15. Dutta, O., Tan-Ho, G., Low, C., Tan, T.H.B., Ganapathy, S., Car, J., Ho, R.M.H., Miao, C.Y., & **Ho, A.H.Y.** (2021). *An Action Research Study for developing and piloting an anticipatory grief intervention for parent-caregivers of children with chronic life-threatening illness in Singapore*. Paper presented at the SingHealth Duke-NUS Scientific Congress [Virtual]. Singapore, 17-18 September 2021.
16. Shaik, M.A., Choo, P.Y., Tan-Ho, G., **Ho, A.H.Y.** (2021). *Psychosocial Rehabilitation Trajectory of Stroke Survivors: An overview of systematic reviews on recovery needs*. Paper presented at the SingHealth Duke-NUS Scientific Congress [Virtual]. Singapore, 17-18 September 2021.

17. **Ho, A.H.Y.** (2021). *Challenges and coping strategies of non-palliative care professionals caring for dying patients*. Paper presented at the 32nd International Congress of Psychology [Virtual]. Prague, Czech Republic, 19-24 July 2021.
18. **Ho, A.H.Y.** (2021). *Caring for caregivers: Building sustained resilience with Mindful-Compassion Art-based Therapy (MCAT)*. Paper presented at the 32nd International Congress of Psychology [Virtual]. Prague, Czech Republic, 19-24 July 2021.
19. Tan-Ho, G., Choo, P.Y., Low, X.C., Patinadan, P.V., & **Ho, A.H.Y.** (2021). *Blessing and Burdens: An Interpretative Phenomenological Analysis (IPA) Study on the Motivation and their impact on end-of-life caregiving among Asian family caregivers*. Paper presented at the 42nd Association for Death Education and Counseling Conference. [Virtual]. USA, 6-10 April 2021.
20. Choo, P.Y., Tan-Ho, G., Low, X.C., Patinadan, P.V., & **Ho, A.H.Y.** (2021). *Living Day by Day: Mindful Living and Mindful Dying among Older Terminally ill Patients in Asia*. Paper to be presented at the 42nd Association for Death Education and Counseling Conference. [Virtual]. USA, 6-10 April 2021.
21. Dutta, O., Low, X.C., Tan-Ho G., Tan, T.H.B., Ganapahty, S., Ang, L.B., Loh, S., Mah, K.,... & **Ho, A.H.Y.** (2021). *Narrative e-Writing Intervention (NeW-I) for Asian Parents facing their Child's Chronic Life-Threatening Illness: Rationale and Preliminary Evaluation of a Pilot Randomized Controlled Trial*. Paper presented at the 42nd Association for Death Education and Counseling Conference. [Virtual]. USA, 6-10 April 2021.
22. Low, X.C., Tan-Ho, G. Goh, S.S.N., & **Ho, A.H.Y.** (2021). *Challenges Faced and Coping Strategies of Non-Palliative Care Professionals Caring for End-of-Life Patients: A Lived Experience Study*. Paper presented at the 42nd Association for Death Education and Counseling Conference. [Virtual]. USA, 6-10 April 2021.
23. Patinadan, P.V., Tan-Ho, G., Choo, P.Y., Tan-Ho, G., Low, X.C., & **Ho, A.H.Y.** (2021). *"I Am What I Ate: The 'Food for Life and Palliation' (FLiP) model for understanding the Lived Experience of nutritional assimilation among Singaporean Palliative Care Patients and their Families"*. Paper presented at the 42nd Association for Death Education and Counseling Conference. [Virtual]. USA, 6-10 April 2021.
24. **Ho, A.H.Y.**, Car, J., Ho, R.M.H., Tan-Ho, G., Choo, P.Y., Patinadan, P.V., Chong, P.H., Ong, W.Y., Hum, A., Fan, G., Tan, Y.P., Neimeyer, R., & Chochinov, H. (2019). *Family Dignity Intervention (FDI) for advancing Holistic Care in Asia Palliative Care: Findings from a Randomized Controlled Trial*. Paper presented 13th Asia Pacific Hospice Conference (APHC). Surabaya, Indonesia, 2-4 August 2019.
25. Choo, P.Y., Tan-Ho, G., Dutta, O., Patinadan, P.V., & **Ho, A.H.Y.** (2019). Reciprocal Dynamics of Dignity in End of Life Care: A Multi-Perspective Qualitative Systematic Review. *Poster presented 13th Asia Pacific Hospice Conference (APHC)*. Surabaya, Indonesia, 2-4 August 2019.
26. Patinadan, P.V., Tan-Ho, G., Choo, P.Y., & **Ho, A.H.Y.** (2019) Clinical Intervention for Resolving Anticipatory Grief and Enhancing Dignity at the End of Life: A Systematic Review. *Poster presented 13th Asia Pacific Hospice Conference (APHC)*. Surabaya, Indonesia, 2-4 August 2019.
27. Dutta, O., Low, C.X., Tan-Ho, G., Tan, B.T.H., Ganapathy, S., Lee, B.A., Loh, S., Mah, K., Car, J., Ho, R.M.H., Miao, C.Y., & **Ho, A.H.Y.** (2019). Narrative e-Writing Intervention (NeW-I) for Asian Parents of Children with Chronic Life-Threatening Illness. *Poster presented 13th Asia Pacific Hospice Conference (APHC)*. Surabaya, Indonesia, 2-4 August 2019.
28. **Ho, A.H.Y.**, Car, J., Ho, R.M.H., Tan-Ho, G., Choo, P.Y., Patinadan, P.V., Chong, P.H., Ong, W.Y., Hum, A., Fan, G., Tan, Y.P., Neimeyer, R., & Chochinov, H. (2019). Family Dignity Intervention for Advancing Asia Palliative Care: Findings from a Waitlist RCT. Paper presented at the 41st Association for Death Education and Counseling Conference. Atlanta, GA, USA, 09-13 April 2019.
29. Choo, P.Y., **Ho, A.H.Y.**, Tan-Ho, G., & Dutta, O. (2019). Dynamic Reciprocity of Dignity in Palliative End-of-Life Care. Paper to be presented at the 41st Association for Death Education and Counseling Conference. Atlanta, GA, USA, 09-13 April 2019.
30. Dutta, O., Tan-Ho, G., Choo, P.Y., Chong, P.H., Ng, C., Ganapathy, S., & **Ho, A.H.Y.** (2019). The Asian

- Experience of Child Loss to Chronic Life-Threatening Illness. Paper to be presented at the 41st Association for Death Education and Counseling Conference. Atlanta, GA, USA, 09-13 April 2019.
31. **Ho, A.H.Y.**, Ho, R.M.H., Pang, J.S., Ortega, E., Bajpai, R.C., & Ma, S.H.X. (2019). The Arts for Ageing Well: Creative Engagements & Health Enhancement for Singapore Seniors. Paper to be presented at the Asian Conference on Psychology & the Behavioral Sciences 2019. Tokyo, Japan, 21-23 March 2019.
 32. Ma, S.H.X., **Ho, A.H.Y.**, Ho, R.M.H., Pang, J.S., & Ortega, E. (2019). The Arts for Ageing Well: An Ecological Process Model for Sustainable Arts Engagement. Paper to be presented at the Asian Conference on Psychology & the Behavioral Sciences 2019. Tokyo, Japan, 21-23 March 2019.
 33. Ma, S.H.X., **Ho, A.H.Y.** (2019). A Waitlist Randomized Controlled Trial for a Novel Intergenerational Art-based Intervention: Project ARTISAN. Paper to be presented at the Asian Conference on Psychology & the Behavioral Sciences 2019. Tokyo, Japan, 21-23 March 2019.
 34. **Ho, A.H.Y.**, Tan-Ho, G., Choo, P.Y., & Dutta, O. (2018). *Parental Bereavement Experience of Children Loss: A Qualitative Systematic Review*. Paper presented the 30th Meeting of International Work Group on Death, Dying and Bereavement (IWGDDDB). London, Canada: 23-29 June, 2018.
 35. **Ho, A.H.Y.**, Tan-Ho, G., Choo, P.Y., & Dutta, O. (2018). *Parental Bereavement Experience of Children Loss: A Systemic Review*. Paper presented at the 40th Association for Death Education and Counseling Conference. Pittsburgh, PA, USA, 26-28 April 2018.
 36. **Ho, A.H.Y.**, & Tan-Ho, G. (2018). *I Died Today: An Intimate Encounter with Mortality*. Paper presented at the 40th Association for Death Education and Counseling Conference. Pittsburgh, PA, USA, 26-28 April 2018.
 37. Harris, D., & **Ho, A.H.Y.** (2018). *The Essentials of Thanatology: Death, Dying and Bereavement*. Professional Workshop presented at the 40th Association for Death Education and Counseling (ADEC) Conference. Pittsburgh, PA, USA, 26-28 April 2018.
 38. **Ho, A.H.Y.**, Lall, P., Tan, W.S., Patinadan, P.V., Wong, L.H., Dutta, O., Pang, W.S., Low, C.K., Cheah, J., Wong, C., & Car, J. (2018). Sustainable implementation of Advance Care Planning in Asia: Interpretive-Systemic Framework for National Development. Paper presented in the 2019 AcademyHealth Annual Research Meeting (ARM). Seattle, USA, 24-26 March 2018.
 39. Tan, W.S., Bajpai, R., **Ho, A.H.Y.**, Low, C.K., Cheah, J., Wong, C., & Car, J. (2018). End-Of-Life Care Preferences in A National Sample in Singapore. Paper presented in the 2019 AcademyHealth Annual Research Meeting (ARM). Seattle, USA, 24-26 March 2018.
 40. Tan, W.S., Bajpai, R., **Ho, A.H.Y.**, Low, C.K., Cheah, J., Wong, C., & Car, J. (2018). Individual, Clinical and System Factors Associated with Home Deaths: A National Population-Based Study, Paper presented in the 2019 AcademyHealth Annual Research Meeting (ARM). Seattle, USA, 24-26 March 2018.
 41. Tan, W.S., Car, J., Lall, P., Low, C.K., Cheah, J., Wong, C., **Ho, A.H.Y.** (2018). Initiating, implementing and integrating Advance Care Planning: leading the transformation of norms. Paper presented in the 2019 AcademyHealth Annual Research Meeting (ARM). Seattle, USA, 24-26 March 2018.
 42. Ho, A.H.Y. (2018). The role of learning Theory in Designing Digital Medical Education: A Methodological Review. Paper presented at the Centre for Population Health Sciences (CePHaS) Digital Health Workshop. Singapore, Nanyang Technological University, 18 January 2018.
 43. **Ho, A.H.Y.**, Lall, P., Tan, W.S., & Car J. (2017). *Sustainable Implementation of Advance Care Planning in Asia: An Interpretive-Systemic Framework for National Development*. Paper to be presented at Future Health 2017: Innovations Transforming Healthcare. NTU Lee Kong Chian School of Medicine, Singapore, 8-10 November 2017.
 44. **Ho, A.H.Y.**, & Tan-Ho, G., & Choo, P.Y. (2017). *A Novel Family Dignity Intervention (FDI) for Advancing Psycho-Socio-Spiritual Care in the End of Life*. Paper presented at The 2017 International Conference on Grief and Bereavement in Contemporary Society. Lisbon, Portugal, 13-16 July 2017.
 45. **Ho, A.H.Y.**, Tan-Ho, G., & Choo, P.Y. (2017). *Towards a Good and Dignified Death: The Imperative*

- of a Mindfulness-based Curriculum in Higher Education*. Paper presented at the 2017 International Conference on Grief and Bereavement in Contemporary Society. Lisbon, Portugal, 13-16 July 2017
46. **Ho, A.H.Y.** (2017). *A RCT of Mindful Compassion Art Therapy (MCAT) for End of Life Care*. Paper presented at the 39th Association for Death Education and Counseling Conference. Portland, OR, USA, 04-08 April 2017.
 47. Harris, D., & **Ho, A.H.Y.** (2017). *The Essentials of Thanatology: Death, Dying and Bereavement*. Professional Workshop presented at the 39th Association for Death Education and Counseling Conference. Portland, OR, USA, 04-08 April 2017.
 48. **Ho, A.H.Y.** (2016). *Mindful Compassion Art Therapy (MCAT): Cultivating Kindness and Sustained Resilience in End-of-Life Care*. Paper presented at the 29st Meeting of International Work Group on Death, Dying and Bereavement (IWGDDB). Dunblane, Scotland: 6-11 November, 2016.
 49. **Ho, A.H.Y.**, Ong, G., Chong, P.H., Dignadice, D., Ngo, T.A., & Potash, J. (2016). *Mindful-Compassion Art Therapy (MCAT) for Palliative End-of-Life Care: Cultivating Kindness and Sustained Resilience*. Paper presented at the 31st International Congress of Psychology (ICP). Yokohama, Japan, 24-29 July, 2016.
 50. **Ho, A.H.Y.** (2016). *Rethinking Advance Medical Directives: A Longitudinal Efficacy Study on Physical and Psychosocial Outcomes in Final Days of Life*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health: Enhancing the Human Condition, Negotiating and Creating Change. Singapore, 19-23 June 2016.
 51. **Ho, A.H.Y.** (2016). *Living a Good and Dignified Death: The Imperative of a Mindfulness-Based Affective Curriculum in Higher Education*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health: Enhancing the Human Condition, Negotiating and Creating Change. Singapore, 19-23 June 2016.
 52. **Ho, A.H.Y.** (2016). *Dignity Conserving End of Life Care Model for Nursing Homes in Asia*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health: Enhancing the Human Condition, Negotiating and Creating Change. Singapore, 19-23 June 2016.
 53. **Ho, A.H.Y.**, Ong, G., Chong, P.H., Dignadice, D., Ngo, T.A., & Potash, J. (2016). *Mindful-Compassion Art Therapy (MCAT) for Palliative Social Work*. Paper presented at the 8th International Conference on Social Work in Health and Mental Health: Enhancing the Human Condition, Negotiating and Creating Change. Singapore, 19-23 June 2016.
 54. **Ho, A.H.Y.** (2016). *Dignity-Conserving End-of-Life Care Model for Long Term Care Institutions*. Paper presented at the Australian Grief and Bereavement Conference 2016. Melbourne, Australia, 11-13 May, 2016.
 55. **Ho, A.H.Y.**, Ong, G., Chong, P.H., Dignadice, D., Ngo, T.A., & Potash, J. (2016). *Mindful-Compassion Art Therapy (MCAT) Hospice Palliative Care Professionals: Cultivating Kindness and Sustained Resilience*. Paper presented at the Australian Grief and Bereavement Conference 2016. Melbourne, Australia, 11-13 May, 2016.
 56. **Ho, A.H.Y.**, & Potash, J. (2016). *Art Therapy Clinical Supervision for Hospice Palliative Care Workers*. Professional Workshop at the 38th Association for Death Education and Counseling Conference. Minneapolis, MN, USA 13-16 April 2016.
 57. **Ho, A.H.Y.** (2016). *Compassionate Citizenship: Cultivating Kindness and Resilience through Affective Learning and Mindful Education*. Paper presented at the NTU School of Humanities and Social Sciences General Paper Day. Singapore, 20 February 2016.
 58. **Ho, A.H.Y.**, & Lou H. (2015). *Advance Directives & End-of-Life Decisions: Friend or Foe?* Paper presented at the 28st Meeting of International Work Group on Death, Dying and Bereavement (IWGDDB). Taiwan: 1-6 February, 2015.
 59. Ho, R.T.H., Fong, T.C.T., **Ho, A.H.Y.**, Potash, J.S., Ho, F.L.V., & Chen, E.Y.H. (2015). *A factor mixture analysis of social stigma toward people with mental illness*. Paper presented at the 2015 Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Antonio, Texas, USA, 22-25 April, 2015.

60. **Ho, A.H.Y.**, Lou, V.W.Q., Ng, C.K.M., Lum, T.Y.S., Wong, G.H.Y., Lau, M.M.Y., & Kwok, D. (2014). *Self-reported and caregiver-observed signs of cognitive impairments in help-seekers*. Paper presented at the Gerontology Society of America's 67th Annual Scientific Meeting. DC, USA: 5-9 November, 2014.
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Innovation

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4. Founder. (2018). Narrative e-Writing Intervention (NeW-I) for Paediatric Palliative Care and Paternal Bereavement Support.
5. Founder. (2017). Family Dignity Intervention (FDI) for advancing Holistic End of Life Care in Asia.
6. Founder. (2017). I Died Today (IDT): An Intimate Encounter with Mortality. An integrative, experiential and immersive learning encounter on life and death education.
7. Founder. (2016). Mindful-Compassion Art Therapy (MCAT) for Burnout Prevention and Resilience Building among caregivers.
8. Founder. (2016). LifeLAB Institute Pte Ltd, Singapore. Life and Death Education Provider.
9. Producer & Creative Director. (2015). The Centennial Evolution of Funeral & Burial Practices in Hong Kong: A Short Film Documentary. Hong Kong. Released in June 2015.
10. Founding Host. (2014). Death Café Hong Kong. Hong Kong.
11. Founding Producer. (2012). A Season of Art & Mental Health Awareness: Using the Arts to Increase Understanding and Support for People living with Mental Illness. Hong Kong.
12. Founding Producer. (2011). Love Hong Kong Your Way ♥ Hospice Home Website. [<http://hospicehome.hk/>] Hong Kong.

TEACHING SUMMARY

Courses Taught (since joining NTU)

Course Code	Course Title	Academic Year	Course Level
HJ5001	Health and Society (Course Developer and Teacher)	AY22 – Current	UG
MD9112	Health Coaching – Introduction to being cool! And Sleep as a superpower! (Course Developer and Teacher)	AY21 – Current	UG
CC0005	Health Living and Wellbeing (Course Developer & Course Lead)	AY21 – Current	UG
AG6004	Applied Research in Gerontology	AY17 – Current	PG

AG6305	Ageing and End of Life: Exploring Death, Dying and Bereavement (Course Developer and Teacher)	AY17 – Current	PG
HP7302	Qualitative Methods in Psychology (Course Developer and Teacher / Cross-Ref: HP4002)	AY14 – Current	PG
HP7235	The Last Dance: Understanding Death, Dying and Bereavement (Course Developer and Teacher / Cross Ref: HP4274)	AY15 – Current	PG
HP7204	Special Topic in Personality: Health Psychology	AY16 – AY17	PG
HP4274	The Last Dance: Understanding Death, Dying and Bereavement (Course Developer and Teacher) / Cross Ref: HP7235	AY15 – Current	UG
HP4002	Qualitative Methods in Psychology (Course Developer and Teacher / Cross-Ref: HP7302)	AY14 – Current	UG
HP3002	Positive psychology (Course Developer and Teacher)	AY16 – Current	UG

Academic Supervision and Mentoring

PhD students

No	PhD Student	Period	Role	Thesis/ Project Title	Current Status
Current					
1	Shaik Muhammad Amin Bin Mohamed Basheer	2020 – present	Supervisor	A Longitudinal Mixed Methods Study on Psychosocial QOL Trajectories of First Time Stroke Patients	GPA = 5.0 / Passed Confirmation *Awarded Best Postgraduate Student Research Award; Fred Long Award for Research Excellence by Singapore Psychological Society 2021.
2	Stephanie Hilary Ma	2020 – present	Supervisor	Aspiration and Resilience through Intergenerational Storytelling and Art-based Narratives: Project ARTISAN	GPA = 5.0 / Passed Confirmation
3	Wendy Tan Hui Min	2018 – 2023	Co-Supervisor	Lifelong Learning amongst Working Professionals: Learning Motivation, Process, & Workplace Learning Outcomes	Graduated in 2023

3	Michelle Boo	2022 – Present	External Co-Supervisor	Food and eating-related challenges: The lived experiences and perceptions in caregivers and patients with advanced serious illness	Student of Singapore University of Technology and Design / Passed Confirmation
3	Paul Victor Patinadan	2017 – 2022	Supervisor	When I return my Pink IC: Understanding and Facilitating Dignified Death and Holistic End of Life Care in Singapore	Graduated in 2022 / GPA = 5.0 / *Awarded Best Postgraduate Student Research Award; Best Qualitative Research Paper Award; and Fred Long Award for Research Excellence by Singapore Psychological Society in 2020.
4	Oindrila Dutta	2016 – 2021	Supervisor	Understanding Grief and Bereavement in Parents of Dying Children: Towards a Phenomenological Intervention.	Graduated in 2021 / GPA = 5.0 / *Awarded the Dr. Hannelore Wass Cross Cultural Paper Student Paper Award from Association for Death Education and Counseling in 2019.
5	Koek Wei Jie Dominic	2023	Chair of QE Exam	The Effects of Avatar Customization and Embodiment on State Self-Esteem and Self-Disclosure	Soon to Complete QE Exam
6	Huang Mengxia	2023	TAC Member	Social Support and Connectedness in Online Community: The Effect of Masspersonal Self-disclosure on Family	First Year of Study
8	Yin Ruoyu	2023	QE Examiner	The use of Digital Mental Health and Wellbeing Tools in Older Adults: A Mixed Method Study	Passed Confirmation
9	Chen Ping	2023	TAC Member	Teachable Agent for Improving Ikigai	Soon to Complete QE Exam
10	Dhakshenya Ardhithy Dhinakaran	2022	Thesis Examiner	Exploring the use of conversational agents in healthcare: an overview, conceptual analysis and case study	Graduated in 2022

11	Lim Mengyu	2022	Chair of QE Exam	Therapeutic Properties of Recreational Role-Play: A Multi-Level Investigation	Passed Confirmation
13	Luna Puerta Lidia	2020	Thesis Examiner	Exploring the potential for public involvement in health research in Singapore	Graduated in 2021
14	Emma Cartwright	2019 – Present	TAC Member	Intervention to support patient and caregivers on home based dialysis (Peritoneal Dialysis)	Passed Confirmation
15	Marian Zuccarelli	2018 – Present	TAC Member	Photography and Life Book for Cancer Patients in Singapore.	Passed Confirmation
16	Heng Jiamin Gladys	2017 – Present	TAC Member	Clarifying the Neural Correlates Underlying Music-Evoked Emotions Using Electrophysiological Measures.	Passed Confirmation
17	Tan Woan Shin	2016 – 2018	TAC Member	Advanced Care Planning in Singapore: A National Evaluation	Graduated in 2018
18	Ngo Thuy Anh	2015 – 2019	TAC Member & Thesis Examiner	Developing a Hierarchical Model of Personality and Motivation to Predict Youth Volunteerism: A Cross-Cultural Study	Graduated in 2019
19	Chen Miao Hua	2018	Thesis Examiner	Construct Development and Testing of a Measure of Guanxi Quality: Understanding Workplace Relations from a cultural perspective	Graduated in 2018
20	Wayne Freeman	2018	Thesis Examiner	Determinants of Formal Long-Term Care Service Utilization: An Asian Perspective	Graduated in 2018
21	Sha Wei*	2010 – 2014	Thesis Advisor	Grief experience of bereaved mothers of Sichuan earthquake 2008	Graduated in 2014 from the University of Hong Kong; *Prior to joining NTU

Masters students (By Research Only)

No	Masters Student	Period	Role	Thesis/ Project Title	Current Status
Current					
1	Stephanie Hilary Ma	2018 – 2020	Supervisor	The Arts for Ageing Well: A Landscape Study on Art Participation and Holistic Wellbeing among Current & Future Older Generations of Singapore	Graduated in 2020 / Awarded Best Writing, Best Poster, Best Oral Presentation, and Overall Best Project Awards (Master's Category) of Student Research Awards from the Singapore Psychological Society 2018
2	Ivy Chua Chin Ing	2021	Thesis Examiner	Dignity, Voice, and the Terminal Sick Role within Pediatric Illness Narratives about Death and Dying	Graduating in 2022
3	Michelle Nee Si Hui	2018	Thesis Examiner	Caregiving for Individuals with Neurodevelopmental Disability	Graduated in 2018
4	Liu Xiaofang*	2008 – 2010	Thesis Advisor	Development of the Psycho-Social-Spiritual Intake Assessment Form for Terminal Cancer Patients in Home-based Hospice Care in China	Graduated in 2010 from the University of Hong Kong; *Prior to joining NTU
5	Clarissa Nicole Wang*	2007 – 2009	Thesis Advisor	The Return to Toxicity: Regressing Back to Old Habits Amongst Long Term Liver Cancer Survivors in Hong Kong.	Graduated in 2009 from the University of Hong Kong; *Prior to joining NTU

Masters students (By Coursework) & Undergraduate Students

No. Graduated (Since joining NTU)			No. Currently Supervising		
MSc#	FYP	URECA	MSc#	FYP	URECA
1	39	7	NA	7	0

Post-doctoral fellows

No	Post-doc Fellow	Appointment	Period	Thesis/ Project Title	Current Status
Left service					
1	Oindrila Dutta	Research Fellow	2020 – 2021	Understanding and Strengthening University Students' Psycho-Socio-Emotional Wellness and Preparedness for COVID-19 and Future Pandemics: A Cross-Sectional Mixed-Methods Study	Research Fellow with Lee Kong Chian School of Medicine, NTU.
2	Priya Lall	Research Fellow	2016 – 2017	An Evaluation of the National Advance Care Planning Programme	Visiting Research Fellow, Queen Mary University of London

Teaching Awards / Recognition

Year	Teaching Award / Recognition
2021	Graduate College Mentoring Award – University Award, NTU.
2020	Finalist, Nanyang Education Award – College Award, NTU.
2019	Recipient, Nanyang Education Award – School Award, NTU.
2018	Recipient, Academic Educator Award, Association for Death Education and Counselling.
2017	Finalist, Nanyang Education Award – School Level, NTU.
2013	Recipient, Teaching Appreciation Award, Hong Kong Hospital Authority.

Teaching Grants

Role	Year	Amount (S\$)	Source of Grant
PI	2012-2013 An Ethnographic Study on Student Learning Process and Outcome of a New Common Core Curriculum (CCC) Course on Death Education in Higher Education – The Last Dance: Understanding Death and Dying	16,160	Teaching Development Grant, University Research Council (UCG), Hong Kong.

Teaching Evaluation Index

Course Type	3 Year Mean Index Score	
	Personal Average	School Average
Lectures	92.62	87.74
Seminars	92.66	90.95

SERVICE SUMMARY

Service Awards / Recognition

Year	Role
2022	Nanyang Team Award (ICC Course) – University Award, NTU.

School

Period of appointment	Role
2022 - present	Head of Psychology, School of Social Sciences.
2020 - present	Member, Management Committee, Psychology, School of Social Sciences.
2015 - present	Member, Undergraduate Psychology Scholarship Committee, School of Social Sciences.
2016 - 2021	1 st Year Academic Advisor, Psychology, School of Social Sciences.
2020 - 2021	Compulsory Internship Coordinator, Psychology, School of Social Sciences.
2015 - 2019	Committee Member, Psychology Programme Ethics Committee, School of Social Sciences.
2015 – 2017	Task Force Member, Master of Applied Gerontology Programme, School of Social Sciences.

University

Period of Appointment	Role
2022 – present	Member, Editorial Committee for Innovation and Entrepreneurship Playbook Taskforce, Nanyang Technological University (NTU).
2020 – present	Course Developer & Course Lead, NTU 2025 Education Taskforce, Interdisciplinary Collaborative Curriculum (CFICC) Committee – Healthy Living and Wellbeing, Nanyang Technological University (NTU).
2018 - present	Programme Principal Investigator, Rehabilitation Research Institute of Singapore (RRIS); A Tripartite Collaboration between The Agency of Science, Technology and Research (A*STAR), National Health Care Group (NHG), and Nanyang Technological University (NTU).
2017 - present	Deputy Director of Research, Palliative Care Centre for Excellence in Research and Education (PaC); A Tripartite Collaboration between the National Healthcare Group (NHG), and Dover Park Hospice (DPH), and Nanyang Technological University (NTU).
2016 - present	Founding Director, Action Research for Community Health (ARCH) Laboratory, School of Social Sciences, Nanyang Technological University (NTU).
2020 – 2022	Member, NTU 2025 Innovation Taskforce, Nanyang Technological University (NTU).
2017 - 2020	Deputy Director, Centre for Population Health Sciences (CePHaS); Joint Honorary Assistant Professor in Health Psychology and Research, Lee Kong Chian School of Medicine, NTU.

National and International Academic Community

Period of appointment	Role
2021 - 2023	President, Association for Death Education and Counseling.
2020 - present	Member of Editorial Board, Journal of Death Studies.
2019 - present	Member of the National Advance Care Planning (AIC) Steering Committee, Agency for Integrative, Ministry of Health, Singapore.
2018 - present	Member of Board of Director, International Work Group on Death, Dying and Bereavement.
2018 - present	Member of Board of Director, Association for Death Education and Counseling.
2018 - present	Member of the Scientific Committee, 2021 Advance Care Planning International (ACPi) Conference.
2018 - present	Advisory Member of the Organizing Committee, 2020 Singapore Hospice and Palliative Care Conference.
2018 - present	Grant Review for Agency for Integrated Care (AIC) Singapore.
2018 - Present	Member, Medical Humanities Cluster, School of Humanities, Nanyang Technological University.
2017 - present	Member of the Technical Conference Committee, Conference on Cognitive and Behavioral Psychology.
2017 - present	International Advisory Member, The International Conference on Grief and Bereavement in Contemporary Society.
2016 - present	Member of Editorial Board, PLOS ONE.
2016 - present	Member of Editorial Board, SAGE OPEN.
2016 - present	Multi Year Grant Review for University of Macau
2015 - present	Reviewer for the following Journals: Age and Ageing; Aging and Mental Health; Death Studies; BMC Geriatrics; BMC Health Service Research; BMC Palliative Care; Implementation Science; Journal of Alternative and Complementary Medicine; Journal of Pain and Symptom Management; Patient Preference and Adherence; Hong Kong Journal of Occupational Therapy; International Journal of Palliative Nursing; and Trials.

Teaching Government and Non-Profit Organizations

Period of appointment	Role
2019 - present	Member of Grant Review Committee, Temasek Foundation Innovates, Singapore Millennium Funds, Singapore.
2019 - Present	Honorary Research Advisor, The Esplanade Co Ltd, Singapore.
2015 - Present	Honorary Research Advisor, The Red Pencil Humanitarian Missions Singapore-International.

- End of Curriculum Vitae -