

CURRICULUM VITAE

Franco Berrino, M.D. PhD

Medical Doctor (1969), PhD in Pathology (1973), in the seventies worked at the International Agency for Research on Cancer (IARC), Lyon, France for aetiological studies on liver cancer in West Africa, and as a hospital pathologist. Subsequently directed the Epidemiology Unit and the Department of Preventive & Predictive Medicine of the Italian National Cancer Institute in Milan. After retirement (2015) founded the Association “La Grande Via” to promote healthy longevity.

Has promoted the following research programs:

1. REGISTRO TUMORI LOMBARDIA, the first cancer registry in Italy
2. ORDET (Hormones and Diet in the Etiology of Tumors): Cohort study with biological bank of 11,000 women to study hormones, diet and breast cancer
3. EUROCARE: Concerted action between European cancer registries, aiming at analyzing and explaining variation in population-based survival of cancer patients in Europe
4. EPIC (European Prospective Investigation into Cancer and Nutrition), Italian section: Prospective study with biological bank of 48.000 subjects in Varese, Turin, Florence, Naples and Ragusa
5. DIANA (Diet and Androgens) Projects: Randomized trials on the effect of dietary changes on serum levels of endogenous hormones and breast cancer prognosis
6. STUDIA: randomized trial of adjuvant diet to prevent weight gain during chemotherapy for breast cancer
7. COS: Studies on gene-environment interaction in the occurrence of breast cancer *BRCA* mutation carriers.
8. MeMeMe: randomized trial of **M**editerranean diet and **M**etformin to prevent age-related chronic diseases in people with **M**etabolic syndrome, ongoing