

## Alessio Conti

Postdoctoral Fellow

Department of Public Health and Pediatrics, University of Torino

### Education

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Ph.D. in Nursing Sciences and Public Health *University of Rome 'Tor Vergata', Italy*  
Thesis: The effect of caregiver burden in spinal cord injuries *2019*

Qualitative Research Methods *University of Oxford, UK*  
*2016*

M.Sc. in Nursing and Midwifery *University of Torino, Italy*  
Thesis: Informal caregivers' needs at discharge from the spinal unit *2013*

B.Sc. in Nursing *University of Torino, Italy*  
Thesis: Development of nursing skills in the management of chronic pain *2008*

### Current position & employment history

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University of Torino

Postdoctoral Fellow in Nursing (MED/45) *2019 – present*

Città della Salute e della Scienza di Torino University Hospital

Registered Nurse – Spinal Unit *2009 – 2019*

### Professional membership and activities

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2019 – present Delegate of the Spinal Cord International Society (ISCOS)

2019 – present Executive board of Adjunct Professors – Società Italiana di Scienze Infermieristiche

2016 – present Member of the Educational Committee – SCI Nurses Conferences

2016 – present Member of the Nurses Educational Expert Forum – Hollister Educational

### Honors and Awards

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2019 SISI Award 2019 – Best Research in Nursing Sciences, Società Italiana di Scienze Infermieristiche, Padua, Italy

### Journal Referee

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Spinal Cord

The Journal of Spinal Cord Medicine

Disability and Rehabilitation

Professioni Infermieristiche

## Research Projects

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### FUNDED (Peer-Reviewed)

2020 Principal Investigator. Healthy aging in Italian immigrants in Canada: a data collection tool development and testing. Funded by Mitacs Globalink

International partners: Ryerson University, Toronto, Canada; University of Torino, Turin, Italy.

*6000 CAD*

### NOT FUNDED

2016 – 2018 Co-Principal Investigator. Percorsi verso l'autonomia della persona con lesione midollare ed esigenze formative dell'Unità Spinale Unipolare.

Partners: University of Torino, Turin, Italy; Città della Salute e della Scienza di Torino University Hospital.

## Courses taught

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Bachelor Degree in Nursing *University of Torino, Italy*  
Course: Infermieristica applicata all'educazione terapeutica (2 CFU) *2019/2020 – present*

Bachelor Degree in Nursing *University of Torino, Italy*  
Course: Infermieristica della cronicità e della disabilità (3 CFU) *2018/2019 – present*

Bachelor Degree in Nursing *University of Torino, Italy*  
Course: Metodologia della ricerca e ricerca bibliografica (1 CFU) *2017/2018*

### TEACHER ASSISTANT (Collaboratore alla didattica)

Bachelor Degree in Nursing *University of Torino, Italy*  
Course: Metodologia della ricerca e ricerca bibliografica *2018/2019 – present*

Bachelor Degree in Nursing *University of Torino, Italy*  
Course: Infermieristica della cronicità e della disabilità *2012/2013 – 2018/2019*

Bachelor Degree in Nursing *University of Torino, Italy*

Course: Infermieristica Clinica I

2012/2013 – 2018/2019

Bachelor Degree in Nursing

University of Torino, Italy

Course: Infermieristica Generale

2016/2017

### **Presentations at Meetings**

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International Spinal Cord Society (ISCOS) Annual Scientific Meeting

The correlation between psychological and physical secondary conditions  
and caregiver burden in spinal cord injury: an Italian and Irish investigation (oral)

Nice, France

Nov 2019

3<sup>rd</sup> SCI Nurse Conference

Berlin, Germany

Autonomic Dysreflexia, Building of an educational tool (workshop)

Oct 2018

European Society for Research on the Education in Adults (ESREA)

Educational pathway of people with spinal cord injuries: a participatory  
Research project starting from the illness narratives (oral)

Turin, Italy

Mar 2018

International Spinal Cord Society (ISCOS) Annual Scientific Meeting

Meaning of therapeutic education in a spinal cord injuries unit: a  
Phenomenological study (poster)

Dublin, Ireland

Developing of the Self-care in Spinal Cord Injuries Index (SCSCII) (poster)

Oct 2017

Giornata di Studi Società Italiana di Pedagogia Medica – SIPED Care

Riflettere sul concetto di vulnerabilità/resilienza attraverso lo strumento  
filmico e il contributo di un paziente esperto (oral)

Milan, Italy

Jan 2017

2<sup>nd</sup> SCI Nurse Conference

SCI Nursing in Italy (oral)

Nursing implications in sexual rehabilitation following spinal cord injuries: a  
qualitative study (oral)

Rome, Italy

Oct 2018

Self-care nelle malattie croniche: 8 anni di ricerca

Rome, Italy

What's next? Il self-care nelle persone con lesione midollare

Sep 2016

International Spinal Cord Society (ISCOS) Annual Scientific Meeting

Development and preliminary psychometric testing of a modified version of the Caregiver Burden Inventory for caregivers of people with spinal cord injury (oral)

Needs of informal caregivers: qualitative analysis of perceptions and reported experiences at discharge from spinal cord injury unit (poster)

Wien, Austria

Sep 2016

Where's the patient voice in Health Education – 10 Years on?

Creativity and innovation in nursing education: drawing the patient's experience following the reading of his diary (poster)

Using movies in nursing education to reflect upon relationship in the care process: the contribution of the expert patient (poster)

Vancouver, Canada

Images as words: a new method to understand people with spinal cord injury (poster)

Nov 2015

### Publications in peer reviewed journals

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Campagna S, **Conti A**, Clari M, Basso I, Sciannameo V, Di Giulio P, Dimonte V. Factors associated with missed nursing care in nursing homes: a multicentre cross-sectional study. *International Journal of Health Policy and Management* 2021; in press. (IF=3.821)

Clari M, **Conti A**, Chiarini D, Martin B, Dimonte V, Campagna S. Barriers to and Facilitators of Bedside Nursing Handover: A Systematic Review and Meta-synthesis. *Journal of Nursing Care Quality* 2021; in press. (IF=1.425)

**Conti A**, Sperlinga R, Luciani M, Crenna MF, Piovan C, Scavino E, Campagna S. Association between sleep quality and participation in people with spinal cord injury: A preliminary study. *The Journal of Spinal Cord Medicine* 2021; in press. (IF=1.816)

**Conti A**, Clari M, Kangasniemi M, Martin B, Borraccino A, Campagna S. What self-care behaviours are essential for people with spinal cord injuries? A Systematic Review and meta-synthesis. *Disability and Rehabilitation* 2020; in press. (I.F.=2.222)

Ponticelli E, Clari M, Volpes M, Valenti L, Angioni M, Granero D, Bert M, **Conti A**, Campagna, S. Complete Blood Count Collected Via Venipuncture Versus Peripherally Inserted Central Catheter in Hematological Patients: A Comparison of 2 Methods. *Cancer Nursing* 2020; in press. (IF=1.850)

**Conti A**, Campagna S, Clari M, Gianino MM, Dimonte V. La percezione degli infermieri del contesto organizzativo delle residenze sanitarie per anziani: uno studio descrittivo. *Assistenza Infermieristica e Ricerca* 2021; 40(1): 20-29. (IF=0.603)

Goldstine J, Knox K, Beekman J, Cobussen-Boekhorst H, **Conti A**, Gray M, Inglese G, England A, Rodriguez G, Stanley J, Vaughn S, Howlett SE, Rockwood K. A patient-centric tool to facilitate goal attainment scaling in neurogenic bladder and bowel dysfunction: path to individualization. *Value in Health* 2021; 24(3): 413-420. (IF=4.748)

Dimonte V, Luciani M, **Conti A**, Malinverni E, Clari M, Campagna S, Garrino L. Nursing students' perspectives of dance movement therapy to learn relational skills: A qualitative description. *Nurse Education Today* 2021; 97: 104697. (IF=2.533)

**Conti A**, Ricceri F, Scivoletto G, Clari M, Campagna S. Is caregiver quality of life predicted by their perceived burden? A cross-sectional study of family caregivers of people with spinal cord injuries. *Spinal Cord* 2021; 59: 185-192. (IF=1.773)

**Conti A**, Dimonte V, Rizzi A, Clari M, Mozzone S, Garrino L, Campagna S, Borraccino A. Barriers and facilitators of education provided during rehabilitation of people with spinal cord injuries: A qualitative description. *PlosOne* 2020; 15(10): e0240600. (IF=2.740)

Clari M, **Conti A**, Scacchi A, Scattaglia M, Dimonte V, Gianino MM. Prevalence of workplace sexual violence against healthcare workers providing home care: A systematic review and meta-analysis. *International Journal of Environmental Research and Public Health* 2020; 17: 8807. (IF=2.849)

Campagna S, **Conti A**, Dimonte V, Dalamasso M, Starnini M, Gianino MM, Borraccino A. Trends and characteristics of emergency medical services in Italy: a 5-years population-based registry analysis. *Healthcare* 2020; 8: 551. (IF=1.916)

Clari M, **Conti A**, Fontanella R, Rossi A, Matarese M. Mindfulness-Based Programs for People with Chronic Obstructive Pulmonary Disease: a Mixed Methods Systematic Review. *Mindfulness* 2020; 11(1): 1848-67. (IF=3.0)

**Conti A**, Clari M, Arese S, Bandini B, Cavallaro L, Mozzone S, Frigerio S, Campagna S. Validation and psychometric evaluation of the Italian version of the Spinal Cord Injury Secondary Conditions Scale. *Spinal Cord* 2020; 58(4): 496-503. (IF=1.898)

Gonella S, **Conti A**, Campagna S. Breakthrough cancer pain: guida alla valutazione. *Assistenza Infermieristica e Ricerca* 2019; 38(4): 200-211. (IF=0.429)

Di Giulio P, Clari M, **Conti A**, Campagna S. I problemi nella lettura ed interpretazione degli studi sulla relazione tra personale ed esiti sul paziente: l'esempio del RN4CAST. *Assistenza Infermieristica e Ricerca* 2019; 38(3): 138-145. (IF=0.429)

**Conti A**, Clari M, Nolan M, Wallace E, Tommasini M, Mozzone S, Campagna S. The relationship between psychological and physical secondary conditions and family caregiver burden in spinal cord injury: a correlational study. *Topics in Spinal Cord Injury Rehabilitation* 2019; 25(4): 271-280.

**Conti A**, Clari M, Carignano F, Saccà P, Garrino L. Teaching resilience and vulnerability to nursing students using films: a qualitative study. *Professioni Infermieristiche* 2019; 72(2): 135-142.

**Conti**, Clari M, Garrino L, Maitan P, Scivoletto G, Cavallaro L, Bandini B, Mozzone S, Vellone E, Frigerio S. Adaptation and validation of the Caregiver Burden Inventory in Spinal Cord Injuries (CBI-SCI). *Spinal Cord* 2019; 57(1): 75-82. (IF=1.898)

Maitan P, Frigerio S, **Conti A**, Clari M, Vellone E, Alvaro R. The effect of the burden of caregiving for people with spinal cord injury (SCI): a cross-sectional study. *Annali dell'Istituto Superiore di Sanità* 2018; 54(3): 185-193. (IF=2.172)

**Conti A**, Garrino L, Montanari P, Dimonte V. Informal caregivers' needs on discharge from the spinal cord unit: analysis of perceptions and lived experiences. *Disability and Rehabilitation* 2016; 38(2): 159-167. (IF=1.804)

## Other publications

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Nouvet E, Strachan P, Luciani M, de Laat S, **Conti A**, Oliphant A, Monette E, Kapiriri L, Schwartz L. Triaging critical care during Covid-19: Global preparedness, socio-cultural considerations, and communication. Hamilton, Canada: *Humanitarian Health Ethics Research Group* 2020. ISBN: 978-0-9938354-5-2.

**Conti A**, Garrino L, Rizzi A, Mozzone S, Borraccino A, Dimonte V. Educational pathway of people with Spinal Cord Injuries: a participatory research project starting from the illness narratives. In *Togetherness and its discontents Connectivity (as well as belonging, cooperation, conflict and separation) in biographical narratives of adult education and learning*. Lecce, Italy: Pensa Editore 2019. ISBN: 978-88-6760-653-5.

Alessio Conti

16 July 2021